



GODLINES

CHARITY REPORT 2021

GODLINESS...



BEGINS WITH LOVE

GODLINESS noun [U]

[god-lee-nuhs]

The quality or practice of conforming to the laws and wishes of God; devoutness and moral uprightness.

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FOREWORD BY OUR CEO



At first glance, the word “Godliness” may seem a lot like the word “pride”, or “ego”, and people may associate it with someone who thinks much too highly of themselves and what they do, parading around as though they ruled a kingdom. In actual fact, its real meaning is something much simpler, a lot gentler. It goes hand in hand with vocabulary such as “sanctity” and “moral excellence”, and it simply tells us to live the way that God told us to, when men detailed his sayings in ink on parchment. Looking at this quality, it is something that we wish to reflect within the community. The same way Mother Teresa devoted herself day and night to serving the poor and destitute, the same way that Florence Nightingale slaved away to educate others on health and find ways to treat the sick, we want to be able to continue to help the needy in our community.

Charity work, in Christian thought, is the highest form of love between God and man, running so deep and strong that it manifests into an unselfish love for other people. We are told time and time again in the Bible that we should give without any compulsion to do so, and that the best thing we can do is to help those who are unable to help themselves. We see this for ourselves as well, as there are endless examples of Jesus healing the sick, so that they wouldn’t suffer any longer. To act the way God wants us to, to follow in His teachings, to do as He has told and shown us, that is the very core of what Godliness is, and what is the fundamental creed of Penang Adventist Hospital.

2021 was a busy year, we managed to undertake 4 different major fundraising projects despite the pandemic still hovering over us, raising money for the hospital’s medical charities. We kicked off the year strongly with ICUT for Charity, an event which raised money for the amount of hair cut off. This was followed swiftly by Lots of Lazat, a virtual charity food fair, that

allowed us to come together with more than 20 F&B outlets. From there, there was the Pink Movement, which allowed us to combine raising awareness for breast cancer, and raising money for the Cancer Fund. The year closed on a high with Du IT, a duathlon themed fundraiser,

A total of RM2,110,429.75 was raised, standing starkly in comparison with the RM1,250,000 targeted due to pandemic. From this amount, over RM3 million was disbursed to needy patients, and helped them to get the treatment that they desperately needed. This was done in companionship with various donations of food and daily necessities, such as face masks and hand sanitiser to low income families and front liners. Doses of the flu vaccine were given to families in the B40 group, and charity homes received donations from the Hospital’s Recycling Fund.

What we have done, and what we hope to do in the future, we hope to do it according to what God has told us to do, to continue to aid and support the needy as we have been told to do. And we hope that as we continue to act, that our donors continue to partner alongside us, propelling us to even greater heights.

Let all that you do be done in love. – 1 Corinthians 16:14

Happy reading.

A handwritten signature in black ink, appearing to read 'Ronald Koh'. The signature is stylized and fluid.

Mr. Ronald Koh

President / Chief Executive Officer

VISION, MISSION & VALUES



VISION STATEMENT

A people-centred teaching and learning healthcare system with international quality wholistic care, delivering excellent experiences to the community and region.

MISSION STATEMENT

Penang Adventist Hospital is committed to demonstrating the love and healing ministry of Christ by providing comprehensive, competent and excellent healthcare for all.

OUR GOAL

Our goal is “To make man whole”. It means to follow the ideals of God, the Creator and Master Physician, and to provide for a person’s well-being by administering to his physical, spiritual and emotional needs, in modern and pleasant facilities.

OUR CORE VALUES

We are guided by a set of values which all staff adhere to and through which we collectively strive to deliver better outcomes and services. The values are:

- **C**ommunity mindset, building mutual trust, accountability and teamwork.
- **A**chievement of excellence, continuous assessment and strategic growth.
- **R**elevance in technology, enhancing services, and strengthening relationships.
- **I**ntegrity in word and deed, genuine and ethical stewardship.
- **N**urture through reinforcement and celebration of outstanding service.
- **G**odliness through compassionate care, reflecting the life of Christ.

LEADERSHIP

“ Penang Adventist Hospital’s success throughout these 98 years is due to its believe in God, strong fundamentals and the vision for helping the community.

The hospital is supported by effective management through the knowledge, expertise and shared vision of its Board Members.

Being a not-for-profit, mission hospital, members of the Board of Trustees are volunteers from community and the Seventh-Day Adventist Church. They receive no remuneration for their services at the hospital. Surplus from the hospital operation is not given to stakeholders but used to enhance medical equipment, upkeep of the hospital and fund community outreach activities.



Administrative Council Members



Board of Trustees Members

First row from left to right

Dr. Andrew Tay Kok Hin
Pr. Somchai Chuenjit (Chairman)
Mr. Ronald Koh
Pr. Abel Bana

Second row from left to right

Pr. Tan Meng Cheng
Pr. Edmund Liah
Dr. Danny Oh Siew Leng
Pr. Nelson G. Bendah
Mr. Atikom Sriratanaprat
Dr. Danny Rantung

OUR IMPACT

i n 2 0 2 1



Fund Disbursed

RM3,233,568

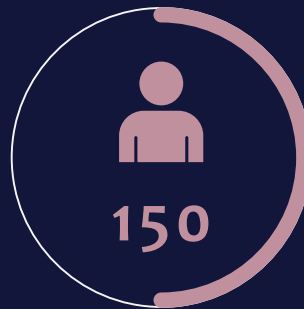


Fund Raised

RM2,116,149



Number of
students
sponsored



Number of
Patients
Assisted



Number of Free
Mammograms
Offered



Number of
Beneficiaries
Supported

CSR Partnership

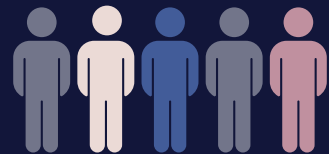
35

Sessions with
State Assemblymen's
Service Centre



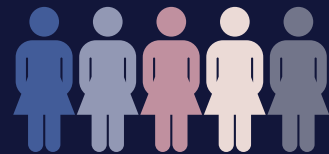
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Non-profit Organizations



Number of New Donors

333



Number of Care Club Members

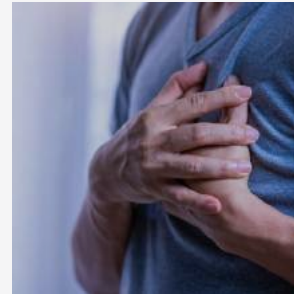
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FUNDS AVAILABLE



DR. J. EARL GARDNER FUND

Provides free or subsidised medical treatment to needy patients suffering from chronic illness in areas of tumour, cleft palate repair, major limb amputation, scoliosis, stroke etc.



PATIENT HEART FUND

Provides free or subsidised medical treatment to needy patients suffering from heart ailments.



CANCER FUND

Provide free or subsidised medical treatment to needy cancer patients to undergo cancer related treatment.



WELFARE FUND

Income received by Hospital during Sabbath (sunset Friday to sunset Sunday) are channelled towards this fund which provides free or subsidised medical treatment to assists needy patients in dialysis, cataract surgery, admission bills and minor surgeries.



RECYCLING FUND

To aid needy employees and public who are stricken by natural disaster and other needy situation such as daily necessities.

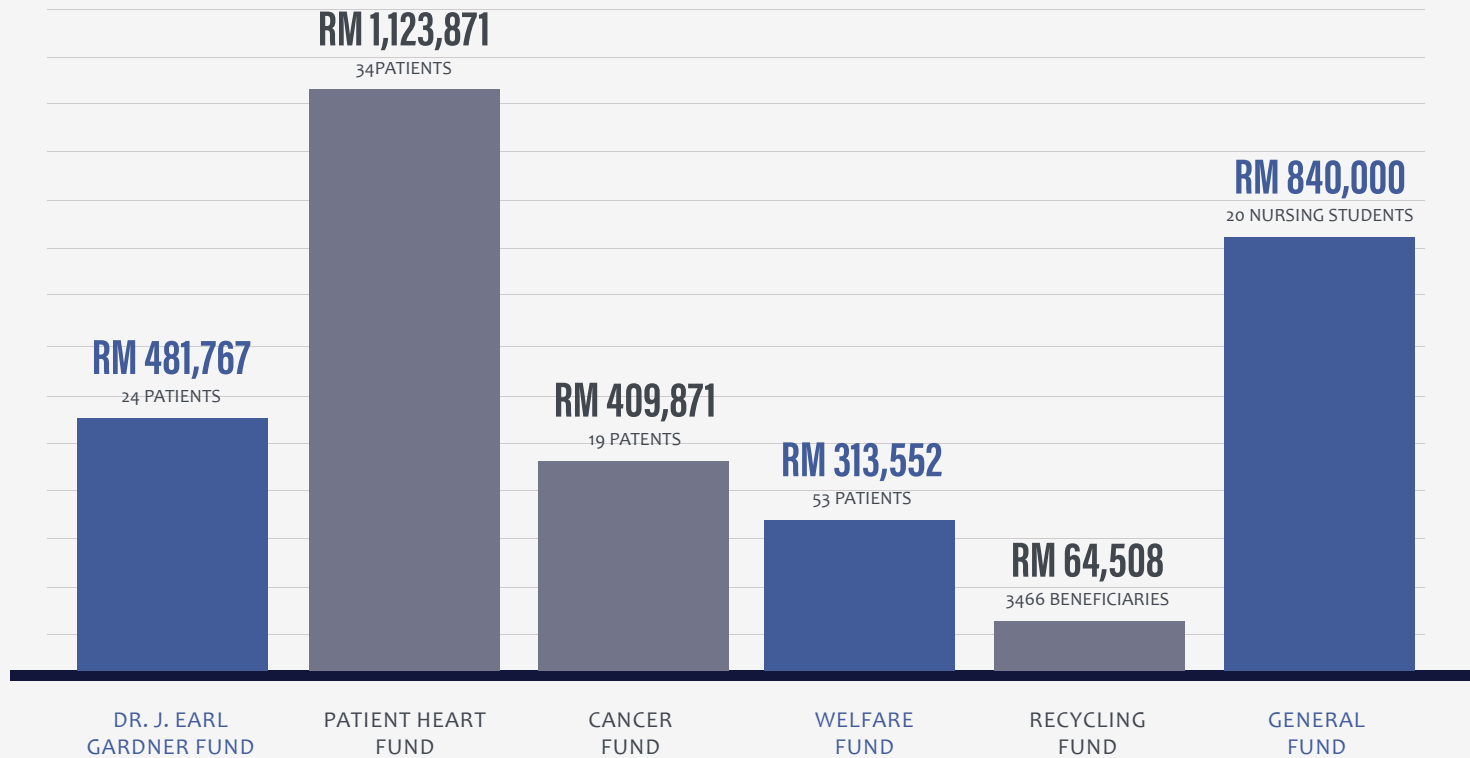


GENERAL FUND

Provides financial aid to support the development and expansion of the Hospital, upgrading of the facilities, training of staff and sponsorship of nursing students.

FUND DISBURSED

i n 2 0 2 1



Penang Adventist Hospital Charity Fund Committee Members of 2021

Mr. Ronald Koh
 Dr. Thomas Tean
 Dr. Dicky Ng
 Mr. Albin Phua
 Pr. Lawrence Randig
 Mr. Koay Swee Thye
 Mdm. Boonsiri Somchit
 Mdm. Catherine Lim
 Dr. Khor Chai Tian

Welfare Fund Committee Members of 2021

Dr. Thomas Tean
 Mr. Albin Phua
 Dr. Daniel Yeoh
 Pr. Sunny Tan
 Mdm. Lee Mei Yin
 Mdm. Janet Leong
 Mdm. Jenny Ooi

THE PEOPLE'S PEOPLE

The Medical Welfare Services

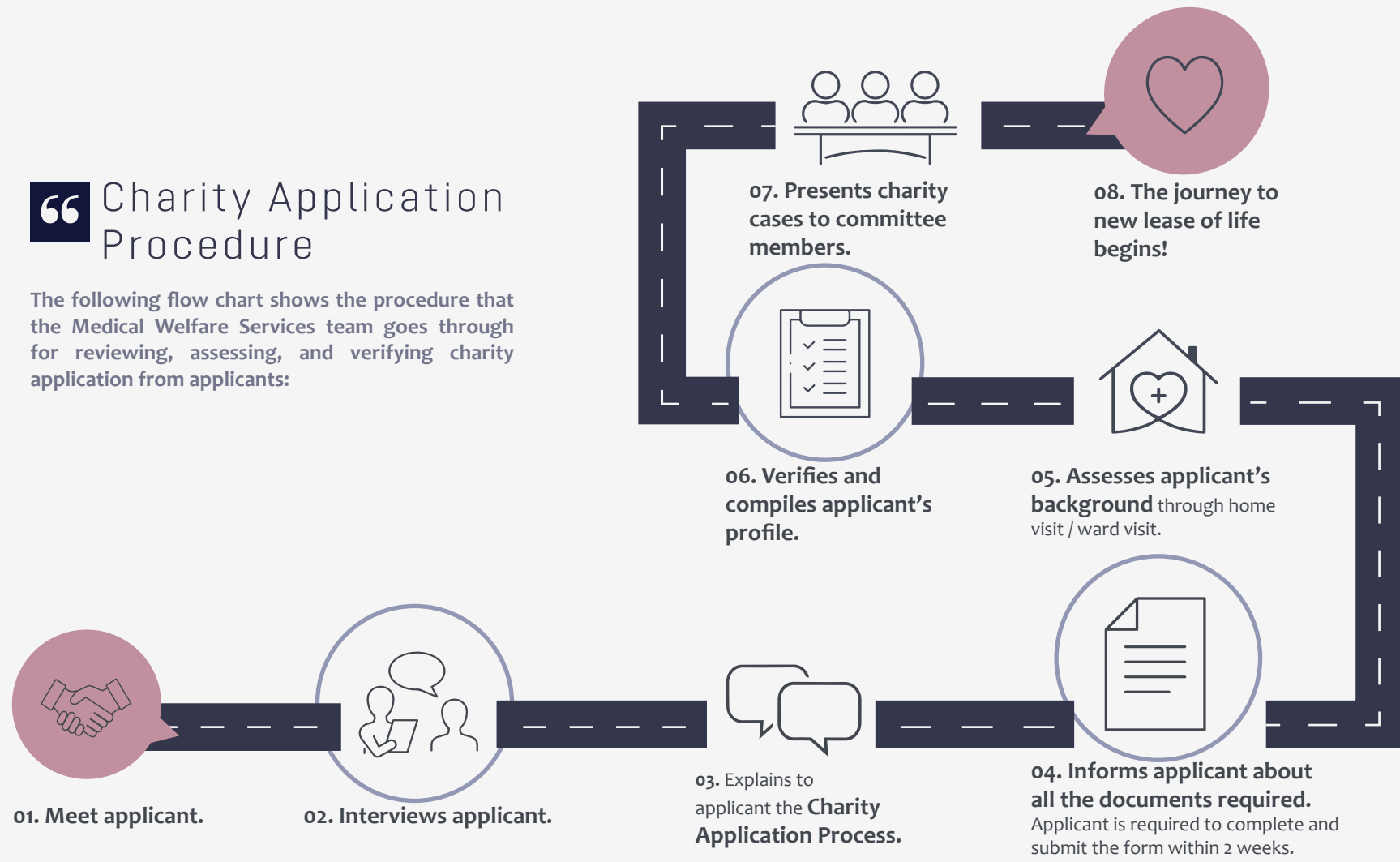
The hospital's Medical Welfare Services Unit was established in 1997 to help the poor and needy with medical assistance.

The Medical Welfare Services team assists patients and/or patients' relatives in seeking the appropriate healthcare treatment in PAH. The Medical Welfare Officer also liaises with doctors, nurses, other health professionals, as well as community resources and welfare agents in providing solutions for patients who are unable to meet medical costs. The Medical Welfare Services unit is a caring and responsive team that serves the local community who are in need of medical assistance by offering medical financial aid.

As responsible stewards of the charity funds, the team ensures that there is accountability and visibility for each case that is presented to the relevant committee for fund disbursement.

“ Charity Application Procedure

The following flow chart shows the procedure that the Medical Welfare Services team goes through for reviewing, assessing, and verifying charity application from applicants:



FREE FLU VACCINE

Charity Department and Community Health Department came together to collaborate with various State Assemblyman, to provide a total of 280 doses of free flu influenza vaccination to the B40 elderlies in their respective KADUN. Flu vaccination is especially important for adults 65 years and older, who account for most hospitalizations and deaths from flu.



280

Doses of free flu
influenza vaccination
provided



The State Assemblyman we collaborated are:

- YB Lim Siew Khim, ADUN Sungai Pinang
- YB Jason Ong, ADUN Kebun Bunga
- YB Joseph Ng, ADUN Air Itam
- YB Yeoh Soon Hin, ADUN Paya Terubong



SMALL ACT, BIG IMPACT



Two years into the COVID-19 pandemic, Penang Adventist Hospital saw a spike in the number of needy families asking for help in terms of daily essential items. PAH is blessed to be able to play our part by reach out to those in need.

We reached out to 13 homes, supported them with daily essentials and Adventist Bakery items.





Benefitted
13 Homes

- Pertubuhan Kebajikan Da Zhi Jiang Tang
- Together Charity for Special Home
- Pertubuhan Penyayang Chi Yun
- SHINE Home
- Pertubuhan Kebajikan Agape
- BE HOME for Special Care
- Pertubuhan Syukur Penyayang

- Rumah Kebajikan Seri Cahaya
- Rumah Charis
- Penang Handicapped Welfare Association
- Persatuan Kebajikan Kanak-Kanak OKU
- Penang Chesire Home
- Thean Oon Senior Home



RM 17,560
from Recycling Fund



922
Daily Necessities



298
Bakery Items

F M C O C S R P R O G R A M M E

Penang Adventist Hospital expressed sincere thanks and warm thoughts through our Adventist Cinnamon rolls to all front-liners who worked hard during these challenging times, manning various roadblocks in Penang.

As front liners ourselves, we know truly well that holding the fort during this exceptional time is not easy.

“

Receiving the items from Mr Ronald Koh, our CEO, is DSP Tuan Abdul Halim, Ketua Bahagian Pengurusan Daerah of IPD TIMUR LAUT, PULAU PINANG. Also included are mineral water, face masks & hand sanitizers.





Thank you for your dedication!

FMCO CSR also reached out to various other NGOs and service centres.



FOOD SHARE PROGRAM –

Charity Starts From Home



As the COVID-19 pandemic drags on and businesses geared towards survival mode, PAH recognized that some staff are finding it hard to make ends meet.

Food Share is an initiative by the hospital to present some daily essentials to those affected, with the hope that it will bring some form of relieve to their families. This Food Share project benefitted 340 hospital staff with a care pack each. The cost of the care packs was drawn from

the hospital's Recycling Fund, totaling **RM 17,000.**



RM 17,000

Fund Disbursed



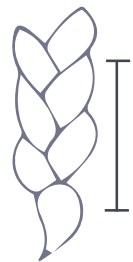
340

Hospital staff

CHARITY
STARTS FROM
HOME



ICUT FOR CHARITY



391
Inches of
hair cut

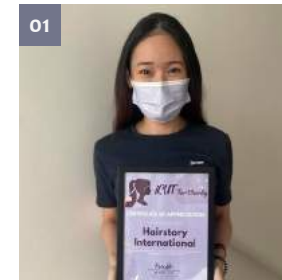


Raised
RM 101,329

Netizens took the challenge, went out to cut their hair in support for iCUT For Charity and raise fund for the hospital's Cancer Fund. It is certainly a heartwarming event where we saw participants young or old, cut their hair either as an act of support for a family member who is battling cancer or participate for fundraising; all with the aim to put an end to the struggle of the needy cancer patients.

We thank the many participants who supported iCUT For Charity and a special mention goes to YB Lim Siew Khim and YB Sanisvara Nethaji Rayer for their effort in leading a team within their constituency to cut their hair and support the event.

A total of **391 inches** of cut hair achieved and raised **RM 101,329**. We know this would not be a success without your support!



Thank You to the Event Partners:

01. Hairstory International
02. Baptain Hair Salon
03. Twiggly Salon
04. Wave Salon

WORDS FROM ICUT PARTICIPANTS



“

Chen Mei Chin

Went bald as my bucket list and support a charity event simultaneously. What an AMAZING COMBO!



“

Ooi Wan Tin

I am so happy that my contribution is helping needy cancer patients. It is so meaningful!”

“

Chloe, Zoe, Calley and Caira

Sharing our hair with the needy cancer patients is any awesome thing to do and it's also an act of kindness!



“

OOH JING XIANG

I have kept my hair long for the past 2 years! Knowing that my insignificant action of cutting my hair will go along way in helping needy cancer patient, why not!



L.O.L. LOTS OF LAZAT

VIRTUAL CHARITY FOOD FAIR

Enjoy great food for a good cause!

L.O.L. Lots of Lazat is a virtual charity food fair where we partnered with 23 International and local F&B or homemakers to raise fund for Dr. J. Earl Gardner Fund. Every order a pre-fixed percentage is donated to the hospital's fund. Food choices such as bakery items to fine dining quality cakes, wholesome vegetarian meals, crowd favorite western meals, Asian delights, pasta and noodles are all part of L.O.L!

Special thanks to:

Adventist Bakery	Soul Café	Idealite
JT Patisserie	Brown Poodle	Breakfast From The Barn
Four Crumbs	Macallum Connoisseur	The Craftisan
Subway	Mellowcup Coffee	Wrappy Yappy
Juspie	Fuku Eatery & Desserts	Passion Heart
Project Can by Haru Hari	Pitaya by Juice Code	
Molly & Friends	PinXin	



YB Chris Lee Chun Kit, ADUN Pulau Tikus was on site to support L.O.L Virtual Charity Food Fair with some purchases of Adventist bakery items.



RM 151,273

Fund Raised



23

International &
local F&B and
homemakes

ENJOY GREAT
FOOD FOR A
GOOD CAUSE!

WORDS FROM OUR F&B PARTNERS



“ Ms Molly Fong

There are many NGOs out there that are finding it very difficult to operate and be of service for the needy in our community. I am happy to be able to play my part in L.O.L. Virtual Charity Food Fair. Keep up the good spirit Penang Adventist Hospital! As Anne Frank quote, “No one has ever become poor by giving”



“ JT Patisserie Team

Year 2020 has been a roller coaster year for us. We cannot change the world but we can always decide how we perceive the world. We send our blessing and wishes through every touch making the desserts. We did very little by joining the L.O.L. Virtual Charity Food Fair to **bring sweetness to life despite the exponential change of the world.**



“ Four Crumbs

Nothing beats the happiness of baking, sharing healthy sourdough loaves with sourdough lovers and **being able to be a part of this meaningful charity event, helping others in need.**



“ Juspie Malaysia

We hold charity dearly in our hearts and aspire to be a business that contributes back for the betterment of society. As COVID-19 has devastated the lives and businesses of many, we hope that society understands that **giving is not about donation. It is about making a difference.**



“ Idealite Team

Live is not merely being alive, but being well. 生活不仅仅是活着，而是要活得健康。当我们拥有了健康，我们更要帮助别人拥有健康。一提到健康，相信大家都会说很重要，这也是为什么品味舒食会加入这个 L.O.L.的活动，希望我们小小的心意可以帮助到需要进行大型手术的清贫病患，我们在想。这应该也是主办方一直坚持举行的理由，尤其在疫情当中，这个活动也不间断。



“ Macallum Connoisseurs

We are happy to be part of L.O.L. because we know that this pandemic hit everyone and we are not spared too. This is the least we can do to **contribute back to the society.**

THE PINK MOVEMENT

Don't Delay, Don't Hesitate

Penang Adventist Hospital took the opportunity to raise fund, educate and advocate early screenings during this Breast Cancer Awareness Month. The event “Pink Movement” saw the

hospital raised **RM 150,372** for Cancer Fund, and for every RM 500 donation raised, the hospital offered 1 FREE mammogram to a deserving lady in B40 group.

We are delighted to partner 19 State Assemblyman who engaged and encouraged the community to take part in this campaign.

WORDS FROM THE STATE ASSEMBLYMAN



Y.B. Dr. Norlela Ariffin,

Penang State Executive Councilor for Agrotechnology & Food Security, Rural Development & Health

“

It is my hope that with the help of Penang Adventist Hospital's effort in organizing a myriad of activities during this Breast Cancer Awareness Month, we can spread the message for prevention and early detection of breast cancer to all women in Penang, and motivate them to put their knowledge into action.”



Y.B. Yeoh Soon Hin,

Penang State Executive Councilor for Tourism and Creative Economy

“

Early detection to battle breast cancer is crucial. It is the single most important factor for the survival of patients. I am thankful that PAH has taken upon themselves to offer free mammogram to benefit deserving ladies. “



Y.B. Joseph Ng,

State Assemblyman for Air Itam

“

I am indeed happy and greatly encouraged to see such dedication from Penang Adventist Hospital and hoping that the campaign will educate the public to do early screenings, don't delay, don't hesitate!”



RM 150,372
Fund Raised



19
State
Assemblyman's
Partnership

200

Free Mammogram offered



DU iT CHARITY VIRTUAL DUATHLON

Often when we exercise, we do it to improve our health, to look good, or to maintain an active lifestyle. For the fourth year in a row, PAH has organized an exercise event that doubled as a fundraiser for needy patients, with DU iT Charity Virtual Duathlon 2021 combining the love of exercise and giving back to the community.

The event saw us raise over **RM 398,942** for Dr. J. Earl Gardner Fund. A big thank you to our donors who donated generously and the 118 participants for their enthusiastic response. The event would not be such an accomplishment without your ardent support!

It is heart-warming to see people from all walks of life come together for a good cause. The spirit of giving is extremely motivating during these difficult times. We look forward to holding more exercise events, such as this, and bringing more benefits to a wider range of disadvantaged patients.



RM 398,942

Fund Raised



118

Participants

YOU DU iT, WE RAISE iT

PARTNERS & SPONSORS

Adventist Health Services Malaysia Sdn. Bhd.
AM PM Pharmacy Sdn. Bhd.
Arati Village
Bake and Take Bakery
Baptain Hair Salon
Breakfast From The Barn
Brown Poodle
Can By Haru Hari
Entopia Butterfly Farm
Four Crumbs
Fuku Eatery and Desserts
Gurney Paragon
Gurney Plaza
Hair Story International
Howei (M) Sdn. Bhd.
Huat Heng Café
Idealite
Ingolf's Kneipe German Restaurant and Bar
JT Patisserie
Juspie Malaysia
K&S Sales Sdn. Bhd.
Macallum Connoisseurs
Mei Hotel
Mellowcup Coffee

Molly & Friends
Pasion Heart Café
Penang Time Square
Pinxin Vegan Cuisine
Pitaya by Juice Code
Prangin Mall
Queensbay Mall
Shell Malaysia (Pulau Tikus)
Soul Café
Straits Quay
Subway (full name?)
Sunshine Farlim
Sunshine Square
The Craftisan
Tsunami Village Café
Twiggy Hair Salon
Wave Salon
Wrappy Yappy

"No man is an island". Penang Adventist Hospital's existence is truly due to the ardent support of the corporate and community; financially and in kind.

We are also grateful to many who work hard in making our virtual fundraising events possible. Your support for our events enthuse your strong support.

We dedicated these next few pages to all of you and extend our heartfelt thanks for your continued support. Thank you!

DONORS LIST

We are delighted to acknowledge the members of the community who have been very supportive to Penang Adventist Hospital throughout these 98 years. Every donation, small or big, means a lot to the hospital, more so to its needy patients. To each and every one, we thank you for the continuous faith in us.

AADM Design & Management Sdn Bhd
 Adventist Health Services Malaysia Sdn Bhd
 Affin Hwang Asset Management Berhad
 Akaun Khas Pusat Khidmat Kadun Sungai Puyu
 Ali Sumidjan
 Alvin Quah
 Amiruddin Naufal Ikram
 Andrew Quah
 Ang Bee Ling
 Ang Chui Hong
 Ang Gim Teong
 Ang Phaik Khoon
 Ang Phaik See
 Ang Seok Looi
 Ang Shu Hoe
 Ang Yu Qing, Marion
 Au Thien Poh, Jackson
 Au Yong Hui Nee
Aurora Chemicals Sdn Bhd
 Beh Ai Nee
 Benny Hew Kar Chee
 BHL Waterfront Sdn. Bhd.
 BJ Advanced Enterprise Sdn Bhd
 Boey Zee Yeng
 Boon Yoke Fong
 Brown Poodle
 Buddhist Disciples
 Bukit Tinggi Construction (M) Sdn Bhd
Bun Guan Brothers Sdn Bhd
 CAC Academy Sdn Bhd
 Can On Cart Enterprise
 Caroline Teh
 Caryn Neoh
 Chai Han Ying
 Chamelon Hair Salon
 Chan Boon Aun
 Chan Chee Choong
 Chan Chiew Ting
 Chan Chooi Yeei
 Chan Fai Keong
 Chan Hong Ee
 Chan Joo Moy
 Chan Kah Hoong
 Chan Kean Hong

Chan Keng Hung
 Chan Kok Leong
 Chan Lai Kueen
 Chan Roseline
 Chan Siew Yuen
 Chan Soke Jing
 Chan Vern-Han
 Chan Vern-Jian
 Chan Yi Qing
 Chang Kim Eng
 Chang Kim Min
 Chang Li Geng
 Chang Ming Kang
 Chang Yao Chong
 Chanthiran Nagappan N
 Chau Shin Yong
 Cheah Annie
 Cheah Bee Choo
 Cheah Chee Guan
 Cheah Chor Eng
 Cheah Eng Liat
 Cheah Hock Khoon
 Cheah Kok Seong
 Cheah Lay Chin, Cristinna
 Chee Di Wen
 Chee Hock Teik
 Chee Lay Guat
 Chee Wei Shin
 Chen Cheau Yin
 Chen Pau Lan
 Cheng Kuei Ling
 Cheong Choon Wee
 Cheong Lai Wan, Mandy
 Cheong Tien Lui
 Cheong Wei Lee
 Cheong Wei Wei
 Chew Chee Yeen, Peddy
 Chew Hooi Khoon
 Chew Kai Xin
 Chew Poh Teong
 Chew Shin Yi
 Chew Sow Yik
 Chia Choon Beng
 Chia Hong Ting

Chia Mei Yee, Felicia
 Chia Yeap Chui
 Chian Eng Enterprise
 Chiang Yoong Fatt
 Chiew Lean Kheng
 Chin Herr Industries (M) Sdn Bhd
 Chin Kee Hau
 Chin Kwee Heong, Wendy
 Chin Ming Chang
 Chin Siew Peng
 Chinese Methodist Church Jelutong
 Ch'ng Siew Poh
 Ch'ng Wei Beng
 Chong Choon Yee
 Chong Lean Eng
 Chong Lily Teh
 Chong May Yin
 Chong Rui Yun
 Chong Yeow Hoong
 Choo Say Jin
 Choo Yee Ling
 Choo Yoke Lan
 Choo Yun Mann
 Choong Yean Yean
 Chooi Wei Seong
 Chow Kam Ying
 Chow Shin Yuiin
 Choy Sing Hon
 Chua Shan Ting
 Chua Thian Ann
 Chuah Chong Gee
 Chuah Hui Kheng
 Chuah Phoay Yeong
 Chuah Teong He
 Chum Cecilia
 Chun Teck Loon
 Cycle Trend Industries Sdn Bhd
 Cyslyse Jane
 De Teh Ann
Digital Music Systems Sdn. Bhd.
 Ding Xuen Ling
 Dollie
Earth Food Sdn Bhd
 E-Geniuses Com Sdn Bhd

Elreen Wong Guat Lun
 Eng Po Ling
 Er Kim Soi
 Er Pei Pei
 Er Shiao Tze
 ESH Resource Management Sdn Bhd
 Esther Shin Chuang
 Euro Valley Sdn Bhd
Ewe Kim Siang
 Falim Development Sdn Bhd
 Fam Poh Chun
 Farben Technique (M) Sdn Bhd
 Faruk Senan Bin Abdullah
 Fong Ling Li
 Fong Ling Wui
 Fong Mai Ying, Molly
 Fong Pek Yong
 Foo Li Yin
 Foo Yi Yeh
 Foo Yoke Peng
 Foong Bee Fong
 Freshly Made Sdn Bhd
 Friends of Sports
 FTB Breakfast Station
Fuku Eatery & Desserts
 Gan Chook Tin
 Gan Kheng Hoo
 Geam Hsien Tat
 Goh Beatrice
 Goh Eng Heong
 Goh Eng Leong
 Goh Jia Min
 Goh Lean See
 Goh Lee San
 Goh Mimi
 Goh Ming Hong
 Goh Poh Lye, Michael
 Goh Seng Hong
 Goh Siew Hoon
 Goh Su Wei
 Goh Tyng Tyng
 Great Breads Sdn Bhd
 Greatstate Assets Sdn. Bhd.
Han Hai Thon
 Happy Members
 Har Wai Keong
 Haryanto Lukman
 Hee Chung Yong
 Heh Jack Hong
 Heng Song Ling
 Heng Yong Sin
 Heong Siew Yong
 Hew Khor Fong
 Hew Siat Ping
 Hing Yi Jie, Thomas
 Ho Chai Huey
 Ho Hua Ying

Hoo Sang Nlee
 Hor Chee Peng
 Hor Fook Kheong
 How Fon Yee, Irene
 How Pui Yuen, Cindy
 Hup Huat Corporation Sdn Bhd
 Hup Seng Perusahaan Makanan (M)
 Sdn. Bhd.
Hwang Wei Kiat
 I.M.O - Soon Siew Gim
 I.M.O Ooi Sok Khoon
 IMO Cecelia Teh Yew Leng
 IMO Chew Sim Cheah & Khoo Saw Choo
 IMO Chew Sim Chuan & Tan Phaik Gnoh
 IMO Chin Khum Cheen
 IMO Chum Kon Yeat
 IMO Lee Ah Pah
 IMO Lee Teong Wan
 IMO Leong Thian Yoong
 IMO Liam Wei Kean
 IMO Lim Lay Suat
 IMO Lim Mai Neah
 IMO Lim Seong Tnia
 IMO Lim Yok Ying
 IMO Loh Hoo Huat
 IMO Ng Boon Heng
 IMO Ng Mei Woon
 IMO Ooi Chooi Gook
 IMO Ooi Gaik Eng
 IMO Tan Bok Kee
 IMO Tang Ah Kuen
 IMO Teh Swan Sim
 IMO Thor Eng Guan
 IMO Yeoh Lean Chneah
 IMO Yeoh Sim Kee & IMO Tan Cheng Kin
 Isaac Jon Martin
ISD Rekabina Sdn Bhd
 J Lee Hardware
 Jason Koay Kai Boon
 Jesselina Ann A/P Barthalom
 Jesslyn Joean Anak Jhon
 John Julian Copley Brinsden
 Joy Concept Sdn. Bhd.
 JT Patisserie Enterprise
 JusPie Malaysia
 Just Cut Salon
 Jwennive Viva Jackson
Kam Poh Lin
 Kam Soo Yim
 Kang Swee Peng
 Kanshen Design Construction
 Kathy Collection
 Kaur Hardev
 Kavitha A/P Ramayah
 Kee Soo Yeang
 Khaw Chin Ee
 Kho Hiaw San

Kho Swee Hwan
 Khoo Bee Jiong
 Khoo Boo Hock
 Khoo Chai Suan
 Khoo Chong Yih
 Khoo Khor Kee Meng
 Khoo Yi Teng
 Khor Ah Check
 Khor Gaik Boon
 Khor Seok Ling
 Koay Ean Hooi
 Koay Hooi Ean
 Koh Sen Chun
 Koh Yen Fum
 Kong Thiam Hock
 Kong Yik Kean
 Krishnan A/L Manickam
 Kuah Saw Kang
 Kuaik Lay Kheng
 Kuok Foundation Berhad
 Kwan Kok Sun, Timothy
 Kwan Win Nee
Ladda Panomratanarak
 Lam Chee Wan
 Lau Chuan Aik
 Lau Eng Kong
 Lau Jay Shen
 Lau Kam Lan
 Lau Khoon Heong
 Lau Saw Khim
 Lau Sha Lee
 Lau Sha Yin
 Law Choo Kiang
 Law Guat Eng
 Lee Ai Mei, Adrienne
 Lee Bee Bee
 Lee Bee Leng
 Lee Beng Gaik
 Lee Cha Voon
 Lee Chee Keong
 Lee Cheng Kim
 Lee Chia Yew
 Lee Chih Hui
 Lee Chih Wee
 Lee Chin Wee
 Lee Chong Yeow
 Lee Choon Seng
 Lee Czen Ning, Nicole
 Lee Czen Shing, Samantha
 Lee Czen Yhi, Bridgette
 Lee Heng Wee
 Lee Hoi Yee
 Lee Jer Shuhn
 Lee Jia Jun
 Lee Jin
 Lee Kuan Liang, Juergen
 Lee Kwong Kin

Lee Ling Mieng
Lee Ming Lee
Lee Pei Xiong
Lee Pui Teng
Lee Seong Keat
Lee Siew Lian
Lee Tze Yin
Leong Good Hoe
Leong Peng Kee
Leong Pooi Sang
Leong Seng Printing Company
Leong Sweet Ying
Leong Teng How
Leong Wan Ling
Lew Lai Khuen
Lew Yean Ming
Lie Hendra Lukito
Liew JiaQi
Liew Kim Loong
Liew Shook Chean
Liew Yong Cha
Lim Ah Looi
Lim Bee Keow, Karen
Lim Cheng
Lim Chew Hon
Lim Chiew Ngho, Angie
Lim Chin Hon
Lim Chin You
Lim Chooi Sin, Michelle
Lim Eng Kee
Lim Frederik
Lim Gah Beng
Lim Guat Suan
Lim Hoay Chen
Lim Huck Boon
Lim Kelvin, K. J.
Lim Kim Hoo
Lim Lean Teng Foundation
Lim Ling Soon
Lim Pek Geok
Lim Phaik Hoon
Lim Siang Cheng
Lim Son Hong
Lim Suan Lin
Lim Sue Ann
Lim Sui Kee
Lim Thean Hock
Lim Tiow Hui
Lim Wen Wen
Lim Yew Cze Seen
Lim Yih Sung, Ethan
Linda Choo Ee Khiauw
Ling Hui Lei
Ling Kooi See
Ling Mun Yen

Lions Club of Georgetown
(District 308-B2)
Lisa Tan Oi Lin
Lo Pei Jiun
Loh Bee Leng
Loh Chee Wei
Loh Chien Sem
Loh Kian Chong
Loh Lai Kwan
Loh Seng Teong
Lok Eng Hong
Loke Guat Hong
Loo Bee Geok
Loo Nyok Yin
Loo Paik Yeng
Loo Peak Suan
Loo Peak Yean
Loo Phaik Ling
Loo Soon Huat
Looi Wool Leng
Low Bee Yee
Low En En, Florence
Low Leng Eng
Low Mooi Lan
Low Peng Seong
Low Seow Hoon
Low Sok Fun
Lye Kok Boon
Mak Bee Lian
Mak Lai See
Masydzulhak Djamil Mahazan
Medical Records
Meh Chooi Fong
Mellowcup Coffee
Mok Vivien
Mok Wai Kiong
Mount Sand Capital Sdn. Bhd.
(Idealite Auto City)
Mum Pei Shan
Nadarajah A/L Chrisnasamy
Nanthakumar
Naria Anak Asam
Nasreen Bt Mydin Pillay
Nasthisya A/P Nai Soo Thiap
Natalie Turner
Natjira Panyanak
Neoh Foundation
Neoh Hooi Khim
Neoh Siew Hong **
Neoh Soon Gan
Neoh Suat Leng, Daisy
Ng Beng Hooi
Ng Guat Tin
Ng Hock Yang, Kenneth
Ng Hsiao Yen

Ng Hui Chen, Evelyn
Ng Jia Meng
Ng Kar Foong
Ng Lean Chye
Ng Li Ai
Ng Li Leng
Ng Mee Mee
Ng Shoak Pheng
Ng Swee Leng
Ng Vivien
Ng Xiao Hui
Ngan Mooi Kim
Nor Azwan Bin Salleh
Nour Alhabbal
Nur Anny Lim Bt Abdullah
Nurasakti Corporation Sdn Bhd
Nurul Athika Binti Osman
Oh Ah Boo
Oh Phaik Im
Oi Siew Lein
One Pacific Hotel
Ong Beow Chieh
Ong Cham Hong
Ong Choon Huan, Luke
Ong Gaik Kee
Ong Jia Ying
Ong Kim Poh
Ong Lay Kuan
Ong Li Ting
Ong Ling Shi, Stephanie
Ong Poh Khim
Ong Siew Geok
Ong Siew Yen
Ong Siok Liang
Ong Sook Ngoh
Ong Soon Teck
Ong Woan-Jiun
Ong Yeen Fen
Ong Yi and Ong Zhi
Ooi Boon Liang
Ooi Cheng Chuan
Ooi Eng Choy
Ooi Her Yong
Ooi Kean Huat
Ooi Kim Ean
Ooi Lee Chan
Ooi Mong Chuen, Elaine
Ooi See Eim
Ooi Sok Koon
Ooi Sook Mien
Ooi Woon Nee
Ooi Yee Ching
Oung Shao Phing
Ow You Jin
PAH doctors and staff

Pang Toh Tien
Passion Heart Cafe
Patricia Victor
Peremala A/P Arimukam
Perniagaan Sukida
Petrik A/L Andrews
Phang Siaw Phin, Geraldine
Phee Chiew Lee
Philip Atterbury Thomas
Pitaya by juicecode
Pong Mee Ching
Pong Shi Yin
Promserv Engineering Sdn Bhd
Promserv Sdn Bhd
Pui Bee Kim
Pui Chai Fung
Quah Meow Khoon
Quah Suan Yeong
Quek Kiah Ann
Quek Yan Xin, Ariane
Rita A/P Stanleys
Sandra
Saw Wei Qing
Saw Yar Fen
Saw Yar Peh
Seah Wee Keong
See Cheng Chye
See Kok Fai
Selvanayagi A/P Karuppiyah
Seng Liang
Seow Cheng Wah
Seow Lean Guan
Shanice Lim Shuet Min
Siah Kean Wee
Siah Zi Heng
Siaw Lie Hwa
Siew Eng Yap
Sim Geik San
Sim Jin Hwang
Sim Yiu Kien
Sim Ze Chuen
Soegiarto Wargono
Soh Guat Ha
Song Suan Sim
Song Swee Kuan
Soon Bee Tin
Soul Cafe
South Island Building Sdn Bhd
State Insurance Brokers Sdn. Bhd.
Suherman
Sur Usha
Syarikat Ong Yoke Lin Sdn Bhd
Syarikat Unicorn Engineering
Tai Sue Mun
Tan Ah Mooi

Tan Boey Yen
Tan Boon Hock
Tan Chee Kian
Tan Chei Leng
Tan Chiew Shien
Tan Ching Wern
Tan Chong Yeng
Tan Ewe Chhong
Tan Gaik Heong, Marcus
Tan Geok Hwa
Tan Heng Lai
Tan Hoay Leng
Tan I Yeing
Tan Jee Jen
Tan Jun Ji
Tan Kah Suan
Tan Kar Pin
Tan Kay Siang
Tan Kiah Sai
Tan King Seng
Tan Kok Pooh
Tan Lay Khoon
Tan Lee Siam
Tan Lip Khai
Tan Pei Yan
Tan Peng Lam
Tan Poh Ean
Tan Pway Koon, Cynthia
Tan See Him
Tan Seok Leng & Mr. Lau Siow Chin
Tan Sewe Kim
Tan Siew Geok
Tan Song Ming
Tan Suan Bee
Tan Suan Sim
Tan Sue Chein
Tan Ting Ting
Tan Wee Lee
Tan Yeong Foong
Tang Ching Siang
Tang Peik Har
Tang Yak Ming
Tasty Subs Sdn Bhd
Tay Yee Xian
Tee Ivy
Tee Kuan Gim
Tee Siew Mun
Teng Chong
Teh Ah Kow
Teh Chai Luang
Teh Chen Theam
Teh Choon Hee
Teh Eng Ghin
Teh Eng Suan
Teh Hon Jeh

Teh Hooi Koon
Teh Hui Leng
Teh Meng Boon
Teh Saw Ai
Teh Saw Pheng
Teh Sheng Boon
Teh Siew Kee
Teh Siew Peng
Teh Soi Mooi
Teh Ying Xuan
Teng Cheng Seng
Teng Siew Ping
Teng Sooi Sen
Teo Kay Cheong
Teo Kok Khoon
Teo See Kian
Teo Wei Sing
Teoh Chai Ning
Teoh Chuin Jim
Teoh Chuin Wah
Teoh Hun Pin Roger
Teoh Keng Eng
Teoh Kooi Eng
Teoh Pei Sze
Teoh Souk Tiang
Teoh Sui Lynn
Teoh Wan Xian
Teoh Yee Tung, Jasslyn
Ter Thian Soon
Tey Boon Kiat
The Craftisan
The Lite (Gelugor) Sdn. Bhd.
The Lite (Qbay) Sdn. Bhd.
Thong Yue Leong
Timothy Ng Hsien Liang
Tiu Yong Hau
Tiurland Simbolon
Toh Koh Hui
Tong Bee Yoke
Tong Sian Teng
Tony Teoh
Tow Karen
Tsang Grace
TSH Resources Berhad
TT Packaging Sdn Bhd
Tung Loon Pew
Tutor's Fund
Tye Phaik Suat
Tye Sook Chien
Ung Ban Chuan
VC Prakash A/L VK Chacko
VOLTZ Engineering Sdn Bhd
Wai Chiu Aun
Wan Yin Wai
Wishing Well Collection

Wo Mei Yoke
Wong Bee Ean, Jeniffer
Wong Boon Poh
Wong Check Nan
Wong Hok Yim
Wong Hui Lin
Wong Jee Lan
Wong Kam Ying
Wong Kern Chew
Wong Kit Woon
Wong Mine Chae
Wong Tze Ken
Wong Vin Keong
Wong Yan Heng
Wong Yih Tsy, Angie
Wong Yoon Kam
Wong Zhan Yi
Woo Yin Kit
Wrappy Yappy Enterprise
Xstrategize Technologies Sdn
Bhd
Yansen Banny
Yap Booi Lek
Yap Cemerlang Agency
Yap Cheng Yee
Yap Chin Kong
Yap Hooi Peng
Yap Li Li
Yau Jolene
Yau Sau Wan
Yaw Lee Lan
Yeap Hoey Eam
Yeap Lay Suat
Yeap Leong Huat
Yeap Pey Shym
Yeap Say Hong, Hazell
Yeap Yew Tat
Yen Chin Mun
Yeo Eng Hau
Yeo Jyy Chyi
Yeoh Bing Fan, Martin
Yeoh Eng Huat
Yeoh Lay Chin
Yeoh Lay See
Yeoh Saw Tuan
Yeong Kam Foong
Yew Taan Kee
Yew You Hann
Yong Hun Wah
Yong Mai Fang
Yong Tien Shin, Daniel
Yong Yin Wah
Yu Ze Horng
Yu Suey Yin
Zeal Group Sdn. Bhd.
Zene Swardy Bin Zakaria

A A Harithas S/O Ahumoolom
 Agnes Anak Suel
 Ahmad Fairuz Bin Shaik Sultan
 Ahthisaravanan A/L Vellosamy
 Albin Phua Tuan Hui
 Ammi Anak Jacky
 Amurdha A/P Tanimalai
 Amyta Binti Jaipah
 Andrea Kimberly Anak Pasong
 Ang Poh Gaik
 Ang Wan Ling
 Angela Ann Anak Richard Ingkar
 Anitah Bt Dairoah
 Astoetie Binti Abidin
 Azliza Binti Abdul Aziz
 Barbara Easter Niyam
B Beh Bee Bee
C Caroline Choong Mei Ling
 Caroline Manrus
 Chai Han Ying
 Chai Mei Gie
 Chan Foong Yee
 Chan Hai Chin
 Chan Huey Ching
 Chan Yee Leng
 Chang Ling Sim
 Charlotte Lee Min Yi
 Cheah Kam Fong
 Chen Ean Leng
 Chew Bee Chin
 Chew Phaik Ying
 Chiew Hui Ling
 Chin Meng Kim
 Ch'Ng Yew Keong
 Chong Yoke Kian
 Choo Yong Chek
 Choong Suan Shian
 Chow Kit Seong
 Chow Mei Chin
 Chua Chee Kuan
 Chye Mooi Choo
 Damayanti Binti Mohd Raji
D Daniel Yeoh Chung Boo
 Dennis Ak Dempfi
 Devaraj A/L Jeyaraman
 Dorothy Goh
 Elsie Nathan
E Elynna Anak Thompson Ranum
 Eva Maya Anak Diyuk
 Eveline Elvira
F Felicia Ang Li Chen
 Flora Triyanti Prayogo
F Flordalija Mondala

G Fredoline Majorie Omar Binti Saiking
 Ganesan A/L Ramasamy
 Goh Ai Lay
 Goh Phaik Leng
 Grace A/P P. K. Pillay
 Grace Mary A/P Asirvatham
 Gunawathy A/P Gunasekaran
 Gunewaty A/P Rajendran
H Hor Lay Chen
 Jacqueline Ko Hui Sze
J Jaenitah A/P Janarthan
 Jananeswary A/P S.K. Rajendran
 Janet Joseph Sameh
 Jariza Bt Man
 Jazreel Anak Jacky
 Jeevita A/P Loganathan
 Jeffrina Jimmy
 Jesslyn Joean Anak Jhon
 Jimmy Ooi Teik Gee
 Joanne Lim Phaik Kit
 Juanita Pragasini A/P Yesupatham
 Jukphin A/P Ban Ket
 Juliyana Binti Haron
 Juneta Balacuit
K K Sevagame A/P K Karuppiah
 Kam Suet Yin
 Kamsiah Binti Zainul
 Kartini Bt. Zainul
 Keddy Fenddy Friday
 Kelly Carrolina Galantas
 Khoo Cheen Hoe, Alex
 Khoo Kay Soon
 Khor Lee Nee
 Kim Lay Hong
 Koay Boon Kweng
 Koay Yeong Cheh
 Koe Hooi Fen
 Koganeswaree A/P P. Nagaswaran
 Kong Yue Li
L Lea Victoria Duanis
 Lee Beng Hong
 Lee Mei Yin
 Lee Oi Wah
 Lee Shee Zhee
 Lee Wen Ming
 Leong Chew Yan
 Leong Kok Mun
 Liaw En Cheong
 Liew Cheng Hock
 Lim Hooi Peng
 Lim Phaik Suan
 Lim Saw Kim
 Lim Theng Chuin

Liwina Anak Atang
 Loh Saw Tin
 Loo Wei Beng
 Low Mooi Lan
 Low Sooi Nai
 Lynne Yong Ee Lin
 Magendrarajan P V M A/L M Muniandy
M Malinah Sarik
 Malini A/P Morgesen
 Martini Binti Salag
 Mary Stella A/P Antony Dass
 Mershel Anak Sunang
 Muhamad Aiman Bin Mohamad Noor
 Mumi Bte Sulaiman
N Nancy Bernice A/P Santhanasami
 Nasthisya A/P Nai Soo Thiap
 Ng Pae Yi
 Ng Seet Fong
 Nirmala Devi A/P Veerasamy
 Nomi Ak Tako
 Noor Azizan Binti Mat
 Nor Amira Binti Mat Desa
 Noraidah Bte Guntalib @ Lissda
 Norihaf Binti Ab Wahab
 Norlinah Binti Isa
 Nurbaya Binti Abdul Halim
 Nurul Athika Binti Osman
 Nurul Hawanis Binti Rahim
 Nurul Syabanu Binti Shukuri
O Ong Ab Bey
 Ong Lay Tin
 Ong Paí San
 Ong Tze Yun
 Ooi Ann Pheng
 Ooi Hooi Suen
 Ooi Lay Koon
 Ooi Teng Hong
 Oon Yeong Heuy
 Pandian A/L Vagraveloo
 Peter Anak Jimbon
 Poh Sing Sim
 Poh Yean Hoong
 Poo Geok Wah
 Priccela Sougjan
 Priscilla Elvina Jolius
 Puspavalli A/P Rajendran
 Quah Yew Choo
 Quah Zhi Wei
 Racheal Pang Ling Wei
 Rajeshwary A/P Muniandy
R Randy Afandi B. Rupin
 Richel Anak Ayah
 Roland Mondala

Ronnie Khoo Boo Jin
 Rujia Bte Bilu
S Safarina Binti Baharudin
 Sanyin Ak Bayang
 Sarvesvari A/P Arujunjen
 Saw Lye Huat
 Shanice Lim Shuet Min
 Sharon A/P Anthony Dass
 Shawn Chong Syn Nyee
 Sherarossa Eldana Junor
 Sietra A/P Tanimalai
 Sim Gaik Mua
 Sim Kar Huey
 Sithama A/P K. Mathavanair
 Siti Fatimah Binti Abidin
 Siti Noraidah Binti Piee
 Siti Zaleha Binti Othman
 Sivamalar A/P G. Rajappa
 Stanley A/L Seekaran
 Stella Jothi A/P Mariappan
 Syed Azhar Al-Gadrie Bin Syed Alwi
 Tan Ah Gin
 Tan Hooi Hong
 Tan Sue Ling
 Tan Weng Lean
 Tan Yean Ching
 Tan Yen Wen
 Tang Chun Xian
 Tay Chuan Keat
 Tean Chooi Sean
 Teoh Ai Chen
 Teoh Boon Loon
 Teoh Chee Seng
 The Siao Ying
 Thian Su Nee
V Vanita Khoo Suan Imm
 Vijay Raj A/L Thagga Rajoo
 Vilma Binti Madin
V Viviana Anak Jack Edward
V Voon Siew Phay
 Winnie Anak John Timban
V Wong Khang Yuen
V Wong Yin Yin
Y Yeap Bee Li
Y Yesupatham S/O Joseph
Z Yew Suat Hong
 Zurina Pillai A/P S. Paramanathan

CARE CLUB LIST

The Care Club – an employee-giving campaign was established in 2005 by the hospital's employees with the aim of encouraging giving to the hospital's charity funds. In year 2021, the Care Club has 209 members, donated RM 26,911

CAPITALIZIANG THE NEW SPIRIT OF LIFE - FEELING RE-ALIVE



As we are able to smell and breath freely, the air we all cherish to live our lives, the thrill of breathing clean and fresh air, makes us enjoy our life even more. However, do you know that there are certain people losing their sense of smell due to nature of work?

Mr. Zakaria bin Abdul Kadir, one of our charity patients had been securing his employment with a garment and textile factory in Penang since he finished his secondary school in year 1978. The factory he was working for was specialized in permanent fabric dyes for clothing and all sort of materials. Mr. Zakaria was assigned to dyes the fabrics in the factory. He was exposed to hot water with high pressure machineries and chemicals. Coming from a medium poor family, Mr. Zakaria did not demand much, he did not priorities himself except for being grateful for having a job with a permanent basic salary to support himself, his parent, himself and his little niece's school fees.

During those days, people were not paying attention to safety precautions. With that amount of exposure to a harmful chemicals and high temperature pressurized machineries', no proper safety gears were given to the employees by the management for safety protection. Mr. Zakaria only wore thin face mask during the time when he needs to pour the chemical

into the machine manually. He worked in the factory for more than 20 years, by doing the same routine 8 to 9 hours daily with one rest day a week.

The factory closed down in year 2000. He moved to another factory to work as a security guard. Occasionally, Mr. Zakaria shared to his family that he could not smell properly. Until the pandemic hits us in 2020, we all started wearing the face mask without a doubt. The family members noticed that he sounded weird like a nose block. It surprised the niece when she learnt that he has lost his sense of smell for almost 40 years. It was heart-breaking moment to receive this information.

The niece decided to bring patient to see Dr. Deong Kee Kong, Jonathan, Consultant Otorhinolaryngologist in PAH. The family was worried of the cost of the treatment since Mr. Zakaria does not have any insurance coverage. At the same time, they do understand that health is more important than money. Hence, Mr. Zakaria decided to see Dr. Deong to receive proper treatment. Dr Deong did all the necessaries test to confirmed his nose was more than 85% of blockages. From the CT scan, he found that he had a cyst in the nose and suffered from obstructive rhinosinusitis. He needed the operation as soon as possible. The family was referred to Charity Department. The surgery went successfully with the help from Charity

Department, RM9,000 has been disbursed to Mr. Zakaria and family.

One week after surgery, when Mr. Zakaria's sister was cooking fish curry in the kitchen, he almost shed a tear because it was the first time ever since the past forty years, he could finally smell food! He felt re-alive, he is grateful that he can enjoy the smell of good food especially his sister's cooking. He is also able to smell soaps, perfume, garbage, smell of everything that he came across in his daily life. He is living like normal human being now. He said he can taste his food last time but nothing alluring because everything he eats have no smells.

Heart was weeping when listening to his statement. We are happy to see Mr. Zakaria is happier now and enjoying the part of his life he missed out during his youth. He kept describing everything he smells, that shows how joyful, blessed and grateful for regaining that value of his life back.

GARDNER FUND



RIGHT
TO AN
OPINION
DOES NOT
MAKE THE
OPINION
RIGHT

Hearing the gossips that she was **pregnant at her late 40s** was not a pleasant thing for Mdm. Vijaya. She had a visibly big tummy that akin a pregnant lady but all Mdm. Vijaya thought off was she had gained some weight, thus she brushed off any notion of medical issues until what she thought was a menstrual cycle that did not end for more than two weeks.

Worried for her condition, she consulted a gynecologist and it was discovered that Mdm. Vijaya has a massive fibroid in her uterus and surgery at a hospital was inevitable. The amount of blood she had lost over the two weeks made Mdm. Vijaya very weak. Not taking any chances, they went to a private hospital for consultation and expecting a surgery but to their disappointment, they were sent home with medication with no further explanations.

Mdm. Vijaya's husband who is the sole breadwinner for the family lost his job during the pandemic and pressed for finances, the family had decided to give traditional medications a go. There was little improvement but they know that matter at hand is the removal of enlarged uterine mass.

Helpless, Mdm. Vijaya's family sort help for other private hospital which can help them as time is of essence. An article about PAH's medical welfare gave Mdm. Vijaya's family the hope. After an enquiry with the medical welfare staff, the rest they say, it's a history. The medical welfare team assisted the family through consultations with the right specialists and proposed the case of Penang Adventist Hospital Charity Fund Committee. With the medical charity approved at RM23,000 (74% of surgery cost), surgery was arranged immediately.

Mdm. Vijaya is now gaining strength after her surgery and has never been happier going about her daily routines and do not have to worry about any gossips any more.

GARDNER

FUND

FATE CAN BE ALTERED



Eight-year-old Nur Balqis is still so lovable, shy, but her eyes are so clear and bright. As she grins, she shows her white teeth. I believe everyone will like her when they see her. But the difference is that now she is showing everyone her side of confidence that she had never seen before she undergoes surgery three years ago.

when this cute little girl born to this world, the family members found that there were a few physical impairments in her body. **She had a half-length right leg without ankles and toes, webbed index finger and a middle finger on her right hand (Syndactyly), webbed index finger, middle finger and ring finger on left hand.** God has given her a healthy left leg, which can allow her to kneel and crawl for the past six years. Otherwise, her life will be even more miserable.

Gratefully, Nur Balqis received a prosthesis installed before year 2019 with the support of a charity organization. With the help of her grandmother, she finally took the first step in life and no longer became the attention of people. With the help of prosthesis, she can live a normal life, but again, the family was so helpless when they learn that Nur Balqis could not hold a pencil and she was unable to go to the kindergarten like normal children. The grandparent thought that this little granddaughter will not be able to go to school for the rest of her life.



A few months later, the grandparent was overjoyed when they heard that Dr. Danny Oh, consultant plastic surgeon at Penang Adventist Hospital could do syndactyly surgery to split her little fingers evenly. This has lightened up their hope. With the help of Charity Department, RM20,000 from Dr. J Earl Gardner Fund has been disbursed to her to undergo surgery.

Today, we revisit this little girl again who has turned eight years old. She is so well-behaved and obedient, she is good little helper for her grandparent. Before she goes for school, she will accompany them to the nasi lemak stall to help fold and wrap nasi lemak wrapping paper. She is the joy of everyone in the family. Nur Balqis also happy to share that her dream has finally came true-she could grasp a pencil to draw her favourite cartoon character now!

The grandparent who take care of her said that three years ago, they never imagined that this day would come. Although Nur Balqis was born with birth defects, there are many kind-hearted people and organizations in this world, which rewrote the fate of her granddaughter.

“Some may say that forgetting the gratitude we once felt for others is purely human nature. But we must have a grateful heart, grateful for those who have helped us, for those who helped without ever wanting anything in return. Only when you learn to be grateful will there be people willing to help and support you. There will be a sense of happiness, and we will be warm and content. Gratitude is no false ritual; it is to remember the warmth that haunts the heart.”



The above are the words of Mdm Teh, a 65-year-old single mother suffering from stage 4 ovarian cancer. Her husband passed on when their daughter was only 6 years old, leaving her to raise their child alone. Mdm Teh, with her love of children, began working as a volunteer, and used her financial ability to help support several orphans as they grew up and started their own careers. Alongside volunteering, she worked as a babysitter for an OKU adult to make a living, and support others.

In the beginning of 2022, she came to PAH for consultation because she has not been feeling well for a while. She was then faced with the unfortunate news that she had ovarian cancer, and regrettably, the cells had metastasised. Under the arrangement of Dr. Ang Soo Fan, the Consultant Medical Oncologist, Mdm Teh underwent chemotherapy and oral chemotherapy. Her condition gradually improves with treatment. Mdm Teh is persisting in her treatment because of her daughter, she wants to make sure that she watches her daughter live life to the fullest. Due to

the high cost of the treatment, Mdm Teh used up the savings left by her husband for her and her daughter. When she was anxious that she wouldn't be able to pay for her treatment, PAH extended a helping hand. A total of RM17,359.52 was disbursed to Mdm Teh under the hospital's cancer fund.

She is very grateful to all the doctors in PAH. She says that her condition and health gradually improved because of their careful treatment and explanations. She also extends her gratitude to the donors for their kind donation to the charity fund. Because of their generosity, she has been given the opportunity to recuperate with a peace of mind.



GRATITUDE FOR A LIFETIME

CANCER

FUND



When Mdm Ying was **diagnosed with breast cancer at the young age of 17**, she felt as though the entire world had collapsed on top of her. At the time, she had no choice but to undergo a mastectomy and radiotherapy if she wanted to live. Thankfully, after the treatment, she regained her health and continued living peacefully.

Mdm Ying became a married woman in 2009, and the couple lived happily, but their happiness was short-lived. Just as Mdm Ying and her husband thought they were ready to start a family, she was diagnosed with ovarian cancer. Due to her history with breast cancer, she was not eligible for any medical insurance coverage. Through the years, she and her husband consulted many oncologists in Penang GH and different private hospitals throughout Penang to try and find a solution. It was advised that the best option would be to remove her ovary. Mdm Ying underwent the surgery, and continued with chemotherapy treatment.

In December 2020, unfortunately the tumour relapsed. Although she has removed her ovary in the past, she was advised to remove the tumour. Mdm Ying had to undergo another surgery to remove the tumour and underwent chemotherapy treatment again.

Mdm Ying thought that would be the end of her journey against cancer, which is why it was so heartbreaking to receive the news that the cancer cells returned merely four months after her treatment was completed. The cost of the treatments needed nearly made Mdm

Ying give up. Instead, the couple prayed, asking God for wisdom and guidance in their decision. A relative of theirs, who was a patient under Dr Kiley Loh recommended that Mdm Ying seek a second opinion. After meeting with Dr Kiley, she decided to continue on with the treatment, starting from the beginning with another surgery to get rid of the tumour, and another six cycles of chemotherapy.

Being a preschool teacher only brought in basic income, and Mdm Ying had already used up her and her husband's savings, to the point that they had to take out a loan from the bank. When they heard that PAH was providing a cancer fund, they jumped at the opportunity to apply. With financial assistance provided, she could continue her treatment at PAH. Today, Mdm Ying is 43 years old. She spent over half her life, 26 years, in a tortuous fight against cancer. Mdm Ying remains hopeful and prays that her condition would improve in the near future.

**THE ONLY
GUARANTEE
FOR FAILURE
IS TO STOP
TRYING**

HEART

FUND

THERE
WILL
ALWAYS
BE A WAY
AVAILABLE
TO YOU

“

“I was in pain and breathless, rushed to 3 private hospitals in Penang but to no avail, I was told that my temperature was high and ICU rooms are full. Only PAH allowed me to admit, it was PAH who saves my life.”

Said a grateful heart patient, Mdm Gunasundari.



On 1st January 2022, while everyone was celebrating the beginning of new year, to Mdm Gunasundari, it was the most helpless day in her life. She was having symptoms of shortness of breath and tiredness, consulted general physician at clinic and was told having gastric. After taking medication for 2 days, her condition was not improving. She was rushed to 3 private hospitals prior to PAH on 3rd Jan but to no avail. When she arrives at PAH ER, Consultant Cardiologist, Dr. Tan Chiang Soo confirmed that she was having 50% to 90% heart blockage, without further delay, she was rushed to operation theatre for Percutaneous Coronary Intervention (PCI, formerly known as angioplasty with stent).

When the husband and her thought that her medical bill could be covered by company insurance, the couple was taken aback when they were told that

PAH is not under panel hospital, and hence, the fact that Gunasundari has been working with for the past 25 years was not going to cover the medical expenses. They were even more

disappointed when her insurance agent told her that she is not eligible to claim from medical insurance as she just bought the insurance not long ago.

“How can we pay the medical expenses that incurred after surgery? It was close to RM52,000!”

Gunasundari’s husband had no choice but to walk into a pawnbroker to pawn his gold ring. However, the money he got was not even cover 10% of the bill. PAH staff referred Gunasundari to Medical Welfare Officer from charity department. After going through the documents thoroughly, it was found that Gunasundari was highly eligible for Patient Heart Fund. A total of RM50,000 has been disbursed to her to cover her medical bill.

Gunasundari is very grateful that PAH has lend a helping hand to her and her family. As she is recovering from her surgery, she is thankful that she could go back to her normal life and enjoy leisure time with husband by having tea time and cooking together.



The parents of Muhamad Ryszard were overjoyed at the birth of their son, until two weeks later, when they were told he was suffering from patent ductus arteriosus. There was a hole in his heart that wasn't closing up, making him tired extremely easily, even if he was just playing around with his brother.

For two years, it was a constant back and forth from the doctor's office to monitor his heart and make sure his condition didn't evolve into something more serious. However, disaster struck one day, when the doctor noticed that his heart was swollen and affecting the valve, surgery was inevitable for Muhamad Ryszard. As money was tight for this simple family and their insurance does not cover congenital diseases, they reached out to Medical Welfare team for help.

Today, four years later, Ryszard is as active and cheeky as any other 6-year-old boy. His favourite playmate is his older brother; from taking care of their pet cat to exploring the never ending possibilities of Lego sets together or even editing all their videos from mobile phone, Ryszard always has his brother to keep company.

A new challenge, awaits this chatty and active little one, as he attends kindergarten.



A HEART IS A HEAVY BURDEN

“

“Seeing that my baby who was once so breathless at the slightest activity is growing up healthy and active is beyond words for me and my husband. This is the best gift any parent would have asked for and we have the donors who believe in the work of Penang Adventist Hospital to thank for. We are truly grateful forever.”

Damayanthi, Ryszard's mother.

HEART

FUND

THE FUTURE IS BUILT ON THE KINDNESS OF THE PRESENT

Five years old can be a really fun age! A child loves to play, full of creativity, imagination and lives a carefree childhood. However, being at five years old was not so pleasant to Hepshibah D/O Jeyabalan, as **she was suffered from ventricular septal defect (VSD) in her pulmonary atresia**. She had to go through an extremely complex heart surgery with a pulmonary homograft valve conduit transplant. Hepshibah's surgery lasted nearly 10 hours, and the first of its kind to be carried out at PAH and in the state at that point of time. Fortunately, the surgery went successfully, with the medical expenses fully sponsored by PAH Gift of Life Programme and the tissue donated by the Alabama Tissue Centre (ATC) in April 2003.

Subsequently after the surgery, Hepshibah needs to follow up with PAH Consultant Paediatric Cardiologist and Paediatrician, Dr. Mary Antony and Consultant Cardiologist, Dr. Calvin Tean as she is having cardiac arrhythmia (irregular heartbeat). PAH has been supporting her medical fees for the past 11 years for RM36,439.15.

Today, Hepshibah is 24th, she has grown up to be a young lady who is pursuing Business Administration course in one of the reputed private colleges in Penang. As she grown up, she understands it was the greatest blessing for her to be able go through the heart surgery with all the help from various organizations, she has been living her life to the fullest by traveling interstate during her college trimester break. In

order to reduce her family's burden on her tuition fees, she has been working part-time at one of the fast food chains in Penang despite the busy coursework. She is enjoying her current life as much as she could by taking good care of her own health, be it physically and mentally. She loves outdoor. She loves hiking to Penang hill, the highest hill in Penang. She was elated to share with us her first experience wearing sari to join her grandparents' anniversary dinner.

Hepshibah's case reminds us of how fragile life is. We sometimes take life for granted and forgot to appreciate what we already have. We should stop once in a while and look around we have and count our blessings.



NEW LEASE OF LIFE FOR 20 NEEDY HEART PATIENTS FROM PENANG GENERAL HOSPITAL



20 adults with heart-related defects have undergone free open heart surgeries at Penang Adventist Hospital (PAH) in December 2021. **The 20 surgeries were fully sponsored by the hospital's Patient Heart Fund and Gift of Life Fund, in collaboration with the Rotary Club of Penang.** This project came about as PAH saw the urgent need to help alleviate backlog of urgent heart cases at Penang General Hospital due to pandemic

This project saw both PAH's patient heart fund and the Rotary Club of Penang disbursed RM1 million for these 20 open heart surgeries. These patients who are referred from Penang GH mainly has more than 3 arteries blocked and are classified as requiring urgent surgery.

Mr. Ronald Koh, President & Chief Executive Officer of Penang Adventist Hospital, said: "The free heart surgeries is one of the many charity initiatives undertaken by the hospital during this 2 years of pandemic. We are happy to be given the opportunity to help provide these heart patients an opportunity to lead a normal and healthy life."

WELFARE FUND

“

“This place is going to be my last stop on the journey of my life, I want to cherish everything I have, including my body and mind, and the time I have while I am still alive and to spend every day of my life meaningfully and happily.”



Said an 85-year-old senior citizen from The Penang Buddhist Association Senior Citizens' Home, who **received cataract surgery assistance from Penang Adventist Hospital Charity Department in 2019.**

Today, three years after cataract surgery, Mdm Koek was seen to have more white hair but still very energetic and talkative. When asked how is her life after surgery, she was elated and vividly shared that her life has been wonderful and fulfilling! She also shared that she had her right eye cataract surgery done many years back in General Hospital. When she wanted to go for surgery for her left eye, her name was on the waiting list for more than 2 years, yet still to no avail. She was so afraid to walk far even in the home as she could not see clearly. She spent her day by walking alone in her small room. Life was so mundane back then. Mdm Koek's disappointment turned into hope when Medical Welfare Officer from Penang Adventist Hospital paid a visit to the home. The old folks were shared on

the Charity and Welfare Fund from the hospital. The person in charge from Penang Buddhist Association was happy to receive the news and without further delay, he helped all the old folks who suspected to have blurry vision to apply for the charity fund. Within a month, Mdm Koek has successfully underwent eye assessment and followed by cataract surgery.

After surgery, Mdm Koek finally regain her full vision, she could see everything clearer now. Mdm Koek is grateful for all the help she received from Penang Adventist Hospital, if not, she would have missed so many beautiful things in this world. During her leisure, she would read the Buddhist Chant, take part in the activities organised by Penang Buddhist Association, and indoor entertainment such as Karaoke weekly. She also likes to do gardening and take care of the flowers and trees in the yard to create a pleasing small garden.

She shared that life in Senior Citizen's home is very happy, peaceful and harmony. They provided her with meals, a safe shelter and unconditional care. Mdm Koek is being satisfied with her life at the current stage, she will continue to enjoy life and make it worthwhile. She wishes PAH to continue to reach out to more needy patients in near future.

WELFARE FUND

I CHOOSE TO BE HAPPY

Last year, Mdm Yeoh, while walking along the beach, stepped on sand and accidentally created a small wound on her left foot. Seeing the size of it, she decided not to pay much attention to it, and to just let it heal on its own. However, **the wound didn't go away, instead it led to a constant pricking sensation, and the skin of her foot began to turn black.** She immediately went to Penang Adventist Hospital to get it treated. The X-ray detected gangrene, caused by Mdm Yeoh's diabetes, and she was admitted for de-sloughing and debridement, which was followed by amputation of the toe. After the surgery, a CT scan showed that the damage of the wound had spread to her nerves and bone. The doctor proposed a below-knee amputation to completely remove the damage, but this only depressed Mdm Yeoh. She needed her leg to continue working as a babysitter, to be able to continue as the breadwinner for herself and her husband, how could she lose her leg?

Her insurance has already been depleted to treat her diabetes since she needed insulin injections to control her glucose levels, even if it was a viable option, it would be incredibly difficult to finance the cost of an amputation. After much consideration, Mdm Yeoh eventually decided that the best option would be to get an amputation. Her doctor referred her to PAH's Charity Department to apply for the welfare fund. After her application was approved, she underwent surgery.

Life after the amputation wasn't easy. The day she was discharged, she found that her life had now made a complete 180. Now she had to rely on her husband for food, and even to go to the washroom. Instead of moaning and groaning, Mdm Yeoh told herself to be strong, she wasn't at the end of her life yet, there was still more to experience. The next day, she reached out to an NGO to apply for a prosthetic leg.

Today, Mdm Yeoh is able to walk slowly to the kitchen to do some simple cooking, and only requires minimal supervision from her husband to do things independently. Even though she had lost her left leg, Mdm Yeoh accepted her reality and cherished every moment that life gave her.

Although it feels helpless, the loss has become the reality. She still has to move on with her journey of life, every day has to be lived. There is a day with happiness, and here is a day with unhappiness, why choose a day with unhappiness?

“After pondering on the subject for a long time, I finally figured out how to let go and be kind to myself,”





THE HURDLES WE OVERCOME ARE OUR SUCCESSES

Vianney Lola Laidis, the second of nine children, had chosen to study nursing in Adventist College of Nursing & Health Sciences, because it is a Christian-based school stuck out the most. Over the years, through all types of hurdles, she has persevered, gained many new and useful skills, and hasn't regretted the path she picked.

Her path to a nursing degree hadn't been smooth sailing. As Vianney had lived in a dormitory throughout her teen years, she'd assumed living in a different state would be a fun and exciting experience. She couldn't have been more wrong, living in a dorm a little ways away from had been nothing compared to being hundreds of miles away, and it took some time for her to fully adjust to being in a new, strange environment, making new friends and working out a new comfort zone.

Clinical sessions also provided another stumbling block for Vianney. For a self-proclaimed introvert who had a hard

time speaking with those she doesn't know, clinical sessions that required a great deal of speaking could be Hell. She had a difficult time explaining things to the patients and never seemed to have enough words to give proper explanations. It took a long time for her to be able to be comfortable holding conversations, but through consistent practice, she has gotten to the point where she finds it easy to approach others and converse with them.

Despite her introverted tendencies, Vianney was involved in numerous clubs during college, including the Penang Adventist College Student Association, where student leaders help students to adapt to school life and act as their advocates by passing on their needs imperatively to the higher ups. She also worked to assist in organizing college events for celebrations, such as Chinese New Year, Hari Raya and Deepavali.

Just as things had been going well, March 2020 came crashing down. Vianney had never been one to slack off in class, but with the introduction of online classes, she found herself

sleeping through lessons. She couldn't focus and struggled with the classwork. The fear of failing that pushed her to work harder than ever still lurks in her mind. At Graduation, the past December, Vianney didn't expect to win a single award, and had made predictions as to who she expected would win. Which is why it came as such a surprise when she won 3 awards; Ms. Leow Memorial Awards for Best Clinical and Good Citizen and CMC Vellore Award for best outgoing student. To top it off, she graduated with the highest grades of the 10 Kuok Foundation scholarship holders.

Vianney expresses her gratitude to Kuok Foundation which granted her the opportunity to further her education in nursing with full scholarship, her tutors and clinical instructors, who shared stories of failure and finding success during times where she felt like giving up; and to the senior nurses of Surgical 2, where she is currently serving, who are willing to use their experience to help teach her. She aims to continue polishing her skills in delivering care and hopes to explore nursing in different places all around the world.

GIFTS AND DONATION REPORT

The spirit of giving is one of life greatest treasures.

God Heals, We Help personify Penang Adventist Hospital. All doctors, staffs and volunteers of the PAH share this sentiment every day as we serve the community. We invite you to view the 2021 Gifts and Donations Report and Community Benefit Report, to see how the spirit of giving and compassion is woven throughout our organization and in the hearts of our employees and volunteers.

We are committed to continue the spirit of giving and caring throughout the coming years, with a continued focus on providing the best and most trusted healthcare for the community.

Year 2021 continued to witness our donors' strong support and generosity towards the Hospital's charity funds. We raised a total of RM 2,116,149 and disbursed RM 3,233,568 within the year. Donations were received throughout the year from public, corporations Foundations and also proceeds from the hospital's charity events.

PAH also contributed charity care to the community through collections received during Sabbath hours (Sunset Friday until Sunset Saturday). A total of RM 4.06 million was collected for the Sabbath Fund now known as Welfare Fund. The Welfare Fund had increased 13% as compared to year 2020 of RM 3.59 million.

	2020 RM	2021 RM
DONATIONS RECEIVED		
Patient Heart Fund	274,475	346,957
Dr J. Earl Gardner Fund	683,849	654,074
Cancer Fund	65,655	275,117
General Fund	840,000	840,000
Welfare Fund	351,014	313,552
Total Donations Received	2,214,994	2,429,700
DONATIONS DISBURSED		
Patient Heart Fund	585,242	1,123,871
Dr J. Earl Gardner Fund	525,389	481,767
Cancer Fund	439,714	409,871
General Fund	840,000	840,000
Welfare Fund	351,014	313,552
Total Donations Disbursed	2,741,360	3,169,060

COMMUNITY BENEFIT REPORT

PAH is a not-for-profit hospital and is not required to return profits to shareholders like taxable organizations. We reinvest revenue in excess of expenses to enhance our capacity to delivery high quality healthcare to the community we serve. These resources provide for a long-term focus on charity care, the recruitment and retention of outstanding medical professionals, employee training programmes, new facilities and service. In addition, such resources also enable us to provide numerous other community health programmes that benefit the public.

In year 2021 PAH invested RM 34 million in Community Benefit Activities. From this amount, RM 8.3 million was allocated for the hospital's support services, community health education, health screenings, outreach activities and discounts to patients and corporate who met certain criteria.

	2020 RM	2021 RM
NON-BILLED SERVICES		
Hospital Support Services	1,287,827	1,265,130
Health Education/Screenings/Prevention/Promotion	12,940	27,322
Charity Care and Discounts	3,711,974	7,052,700
Sub Total	5,012,740	8,345,152
Public Funds Disbursement	2,390,345	2,855,508
Scholarship/Training for Staff (skills upgrading and further education)	1,869,064	1,892,054
Education (College of Nursing)	3,271,952	3,176,842
Equipment and Programme Enhancement	19,254,692	17,838,592
Total	31,798,794	34,108,148

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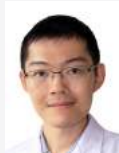
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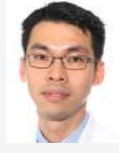
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Visiting Consultant Neurologist & Internal Medicine
脑神经内科学科客卿顾问
Konsultan Kunjungan Spesialis Syaraf



Dr Zokhumi Poey
贝佐薇医生
MBBS (Vellore), FRCOG
Consultant Obstetrician & Gynaecologist
妇产专科顾问
Konsultan Spesialis Kandungan



Dr Low Chin Soon
刘进顺医生
MD (UKM), MRCOG (UK)
Consultant Obstetrician & Gynaecologist
妇产专科顾问
Konsultan Spesialis Kandungan



Dr Selma Ng Sze Chuen
黄诗娟医生
MD (Canada), MRCOG (UK), MIS Fellowship (S'pore), FRCOG(London)
Consultant Obstetrician & Gynaecologist
妇产专科顾问
Konsultan Spesialis Kandungan

**Dr Diong Seng Kwok**

张承国医生
MB BCh BAO (Ire), MMed O&G (UM)

Consultant Obstetrician & Gynaecologist
妇产专科顾问
Konsultan Spesialis Kandungan

**Dr Soon Su Seong**

孙书祥医生
MBBS (UM), MMed (O&G) (UKM), MRCP (Ireland), MRCOG (UK),
Fellowship in Gynaecological Oncology (S'pore), FRCOG (London)

Consultant Obstetrician & Gynaecologist,
General ObGyn, Gynaecological Oncology
妇产专科, 普通妇产, 妇科肿瘤顾问
Konsultan Spesialis Kandungan &
Onkologi Kandungan

**Dr Chew Ghee Kheng**

周仪卿医生
MBBS (Adelaide), FRCOG (London),
MD (Aberdeen), FAMS (Singapore)

Consultant Gynaecologist
(General/ Gynaecological Oncology Surgery)
妇科 (普通/ 妇科肿瘤) 顾问
Konsultan Spesialis Kandungan
(Umum / Bedah Onkologi - Ginekologi)

**Assoc Prof Dr Sivakumar S. Balakrishnan**

希华古玛医生
MD (USM), MOG (UM), Fellowship in Urogynaecology

Visiting Consultant O & G /
Urogynaecologist
妇科泌尿专科客卿顾问
Konsultan Kunjungan Spesialis Kandungan
Saluran Kemih Wanita

**Dr Ng Teik Kee, Dicky**

黄泽奇医生
BSc (Toronto), MBBS (Vellore),
MHSc (Occ Med, Health & Safety), (Perth),
DiplBLM (Korea) AOEMM & ACOEM

Occupational Health Doctor /
Lifestyle Medicine Doctor Vice
President for Wellness
职业保健专科顾问 / 养生医学医生
Dokter Penjagaan Kesehatan /
Dokter Pengobatan Gaya Hidup

**Dr Edward Nathan**

艾德华医生
MBBS (Vellore), MPH (LLU, USA), DrPH (Loma Linda)

Public Health Doctor
保健医生
Dokter Kesehatan Masyarakat

**Dr Li Zi-Huey**

黎子慧医生
MD (Crimea)

Wellness Doctor
保健医生
Dokter Kesehatan Umum

**Dr Khaw Hun Wei**

许涵薇医生
MD (MMA), OH (NIOSSH)

Wellness / Occupational Health Doctor
保健 / 职业保健专科顾问
Dokter Kesehatan / Penjagaan Kesehatan

**Dr Tang Weng Heng**

邓永兴医生
MBBS (Malaya), M. Clin. Onco (Malaya)

Consultant Clinical Oncologist & Radiotherapist
临床肿瘤及癌症放射治疗专科顾问
Konsultan Spesialis Kanker (Onkologi Klinis)
& Radioterapis

**Dr Prashant Narhari**

普拉香特·纳哈里医生
M.D (USM), MMed Ortho (USM), Fellow in Ortho Onco (UK),
Fellow in Bone & Soft tissue sarcoma (Mumbai)

Visiting Consultant Orthopedic,
Traumatologist & Orthopedic Oncologist
骨科、创伤骨科和骨肿瘤科客卿顾问
Konsultan Kunjungan Ortopedik,
Traumatologis & Ortopedik Onkologis

**Dr Gokula Kumar Appalanaido**

高库拉古玛医生
MD (USM), FRANZCR (Radiation Oncology),
Clinical Fellowship NCIS (S'pore)

Visiting Consultant Radiation Oncologist
放射肿瘤专科客卿顾问
Konsultan Kunjungan Spesialis
Onkologi Radiasi

**Dr Kiley Loh Wei-Jen**

罗伟仁医生
MBBS (Melb), FRACP (Medical Oncology),
FAMS Subspecialty in Breast Cancers

Consultant Medical & Breast Oncologist
肿瘤及乳腺癌专科顾问
Pakar Perunding & Onkologi Payudara

**Dr Ang Soo Fan**

洪纾凡医生
MBBS (UM), MRCP (UK), FAMS Medical Oncology (S'pore)

Visiting Consultant Medical Oncologist
肿瘤专科客卿顾问
Konsultan Kunjungan Spesialis Kanker
(Onkologi Medis)

**Dr Leow Thye Yng**

廖泰炎医生
BSc (HONS) Optometry, MB BCh BAO (Ireland),
Dip. Opt., MCOptom (Lond.), MRCOphth (Lond.),
FRCS Ophthalmology (Glasgow)

Consultant Ophthalmologist - General
Ophthalmology, Optometry,
Vitreo-Retinal Surgery
普通眼科 / 光学 / 视网膜外科顾问
Konsultan Spesialis Mata &
Bedah Retina

**Dr Tah Kheng Soon, Raymond**

苏庆春医生
MBBS (Manipal), FRCS (Glasgow),
Ophthalmology Cert. Refractive Surgery (Ulster, UK)

Consultant Ophthalmologist - General
Ophthalmology, Refractive Surgery
普通眼科 / 激光视觉矫正顾问
Konsultan Spesialis Mata &
Bedah Refraktif

**Dr Wong Ching Lin**

黄清莲医生
MD (UKM); MSurg (Ophthal)(UKM)

Consultant Ophthalmologist
眼科专科顾问
Konsultan Spesialis Mata

**Dr Lou Kean Keong**

刘健强医生
MBBS (Delhi), MS Ortho (Mal), AM (M'sia)

Consultant Orthopaedic Surgeon
骨科矫形专科顾问
Konsultan Spesialis Bedah Tulang

**Assoc. Prof Dato' Dr Alif Carr Karim DSPN, DJN**

阿里夫医生
MBBS (Malaya), FRCS (Glasgow), CMIA

Consultant Orthopaedic Surgeon
骨科矫形专科顾问
Konsultan Spesialis Bedah Tulang

**Dr Cheok Chee Yew**

卓志耀医生
MBBS (UM), MS Ortho (UM), CMIA, AM (M'sia),
Fellowship in Spinal Surgery (HK),
Fellowship in Traumatology (Germany)

Consultant Orthopaedic & Spine Surgeon
骨科矫形、脊椎手术专科顾问
Konsultan Spesialis Bedah Tulang &
Tulang Belakang

**Dr Tan Chun Ee**

陈俊宇医生
MD (UKM), MS Ortho (UKM), CMIA,
Fellowship in Spinal Surgery (Hong Kong)

Consultant Orthopaedic & Spine Surgeon
骨科矫形、脊椎手术专科顾问
Konsultan Spesialis Bedah Tulang &
Tulang Belakang

**Dr Amaleswaran A/L Anbarasan**

阿马勒斯瓦兰医生
M.D (USM), M.MED (USM)

Visiting Consultant Orthopaedic Surgeon
骨科矫形专科客卿顾问
Konsultan Kunjungan Spesialis
Bedah Tulang



Dr Gurmeet Singh
葛米星医生
MBBS (Dacca), MSOrtho (UKM),
Fellowship of Foot & Ankle Surgery (MOH, Germany)

Visiting Consultant Orthopaedic Surgeon
(Foot & Ankle)
骨科矫形专科客卿顾问 (脚与脚踝)
Konsultan Kunjungan Spesialis
Bedah Tulang (Kaki & Pergelangan Kaki)



Dr Tang Weng Chong
陈荣宗医生
BSc (Med), MBBS (NSW), FRCS (IRE),
MSc Sports & Exercise Medicine (Bath, UK),
AOA fellowship in Arthroscopy (Melbourne)

Consultant Orthopaedic & Sports
Injuries Surgeon
骨科与运动损伤外科专科顾问
Konsultan Bedah Ortopedi &
Cedera Olahraga



Dr Deong Kee Kong, Jonathan
张其光医生
MBBS (Manipal), (AM) M'sia MSORL-HNS (Malaya),
FAAO HNS (USA), Cert. Balloon Sinuplasty (USA)

Consultant Otorhinolaryngologist,
Head & Neck Surgeon
耳鼻喉及头颈内外专科顾问
Konsultan Spesialis Bedah THT



Dr Sow Yih Liang
苏毅良医生
MBBS (UM), MS ORL HNS(UM)

Consultant Otorhinolaryngologist,
Head & Neck Surgeon
耳鼻喉及头颈内外专科顾问
Konsultan Spesialis Bedah THT



Dr Aloysius Lee Mun Loy
李万来医生
MBBS(India), AM, MORL-HNS (Malaya),
Clinical Fellow – Sleep Surgery & Head Neck Surgery
(Hong Kong)(Taiwan)

Consultant Otorhinolaryngologist,
Head & Neck Surgeon
耳鼻喉及头颈内外专科顾问
Konsultan Spesialis Bedah THT



Dr Tammy Teoh Han Qi
张瀚琦医生
MD (USM), M.PAED.SURG (UM)

Visiting Consultant Paediatric Surgeon
儿科学科客卿顾问
Konsultan Kunjungan Spesialis Bedah Anak



Dr Khaw Poh Guan
许保元医生
MD (UKM), MRCPCH (UK), AM (M'sia)

Consultant Paediatrician
儿科专科顾问
Konsultan Spesialis Anak



Dr Tan Pek Yong
陈柏荣医生
MBBS (UM), MRCPCH (UK)

Consultant Paediatrician
儿科专科顾问
Konsultan Spesialis Anak



Dr Pong Kwai Meng
庞贵明医生
FRCPCH, MBBS (Mal), FRCP (Glasg), FRCP (Edin),
MRCP (UK), M.Med. (Paeds), FAMM, CHSE, FRCP (London)

Consultant Paediatrician & Neonatologist
儿科及婴儿专科顾问
Konsultan Spesialis Bayi & Anak
Certified Healthcare Simulation Educator
认证医疗模拟教育导师
Pengajar Simulasi Kesehatan (Bersertifikat)



Dr Mary Antony
陈玛利医生
MBBS, DCH MD (Paed) (Vellore),
MRCP (UK), Paediatric Cardiology (Glasg)

Consultant Paediatric Cardiologist & Paediatrician
小儿心脏及儿科专科顾问
Konsultan Spesialis Anak & Jantung Anak



Dr Oh Siew Leng, Danny
胡寿龄医生
BA, MD (USA), FACS

Consultant Plastic Surgeon
整容矫形外科专科顾问
Konsultan Spesialis Bedah Kosmetik,
Bedah Plastik & Rekonstruksi



Dr Ng Hian Chan
黄献赞医生
MBBS (UM), MS (USM)

Consultant Plastic Surgeon
整容矫形外科专科顾问
Konsultan Spesialis Bedah Kosmetik,
Bedah Plastik & Rekonstruksi



**Prof (Clinical) Dr Teh Siew Guan,
William, PJK**
郑秀源医生
MD (Phil), MRAD (M'sia), AM (M'sia), FVIR (S'pore)

Consultant Diagnostic &
Interventional Radiologist
放射诊断与介入性放射专科顾问
Konsultan Spesialis Radiologi
Diagnostik & Intervensi



Dr Alex Lee Fook Seng
李福成医生
Fellowship in Musculoskeletal Radiology (Mal),
MD (Universiti Malaysia Sarawak),
MMed (Radiology) (USM)

Consultant Clinical Radiologist
放射学专科顾问
Konsultan Spesialis Radiologi



Dr Chew Kee Hock
周枝福医生
MBBS (Mal), M. Med. (Rad) (UKM), AM (M'sia)

Consultant Radiologist
放射学专科顾问
Konsultan Spesialis Radiologi



Dr Kooi Eng San
桂荣山医生
MD (UKM), M. Med. (Rad) (USM), AM (M'sia)

Consultant Radiologist
放射学专科顾问
Konsultan Spesialis Radiologi



Dr Loh Kok Beng
骆国明医生
MBBS (UM), MRAD (UM)

Visiting Consultant Diagnostic &
Interventional Radiologist
放射诊断与介入性放射客卿顾问
Konsultan Kunjungan Spesialis Radiologi
Diagnostik & Intervensi



Dr Sharon Tan @ Ling Ling
陈琳琳医生
MD (UPM), MRad (UM)

Visiting Consultant Radiologist (Breast Imaging)
放射学客卿顾问 (乳房摄影)
Konsultan Kunjungan Radiologi
(Pencitraan Payudara)



Dr Tan Eng Liang
陈荣量医生
MBBS (Melaka Manipal), MD, M.MED (UKM),
Fellowship in Respiratory Medicine

Consultant Respiratory Medicine &
Internal Medicine
呼吸系统内科专科顾问
Konsultan Spesialis Pernapasan Nedis &
Penyakit Dalam



Dr Teh Chu Leong
郑子龙医生
MBBS (NSW), FRCS (Edin), Endourology (USA)

Consultant Urologist
泌尿手术专科顾问
Konsultan Spesialis Urologi &
Bedah Batu Ginjal



Dr Teoh Boon Wei
张文蔚医生
MBBS (Vellore), M.Med (Surg) (USM), Cert (MBU),
FRCS (Urol) (Glasg), Fellowship in Urology (Melb)

Consultant Urologist
泌尿手术专科顾问
Konsultan Spesialis Urologi &
Bedah Batu Ginjal

COMMUNITY OUTREACH & HEALTH ACTIVITIES

BY COMMUNITY HEALTH DEPARTMENT

01

JANUARY

- Healthy Cooking with Chef Eliza
- Staff Health Talk by Dr. Diong Seng Kwok
- Public Health Class

02

FEBRUARY

- World Cancer Day Public Health Talk by Dr. Alex Khoo
- World Cancer Day
- Public Health Talk by Dr. Dicky Ng
- Staff Health Talk by Dr. Loo Yock Chon
- Public Health Talk by Dr. Jason Khor and Ms. Helen
- Online Antenatal Class

03

MARCH

- Staff Health Talk by Dr. Loo Yock Chon
- Postnatal Pelvic Floor Health
- Online Antenatal Class
- Healthy Cooking with Chef Eliza
- Health Talk by Dr. Diong Seng Kwok
- World Cancer Day Conversation Sharing by Dr. Kiley Loh , Dr Chew and Dr. Ang
- Free Flue Vaccination
- Capsize diabetes with exercise by Dr. Edward and Ms. Beatrice
- Shed if Off Weight Loss Competition
- Lion Clubs Screening Campaign

04

APRIL

- Free Flu Vaccination
- Public health talk by Dr. Lynn Yong and Dr. Dicky Ng
- Healthy Cooking with Chef Eliza
- Breastfeeding Health Talk
- Public Health Talk by Dr Lim Shyang Yee and YB Chris Lee
- Staff Health Talk by Ms. Khoy Wen Lee and Ms. Beatrice Goh
- Public Health Screening for MPKK

05

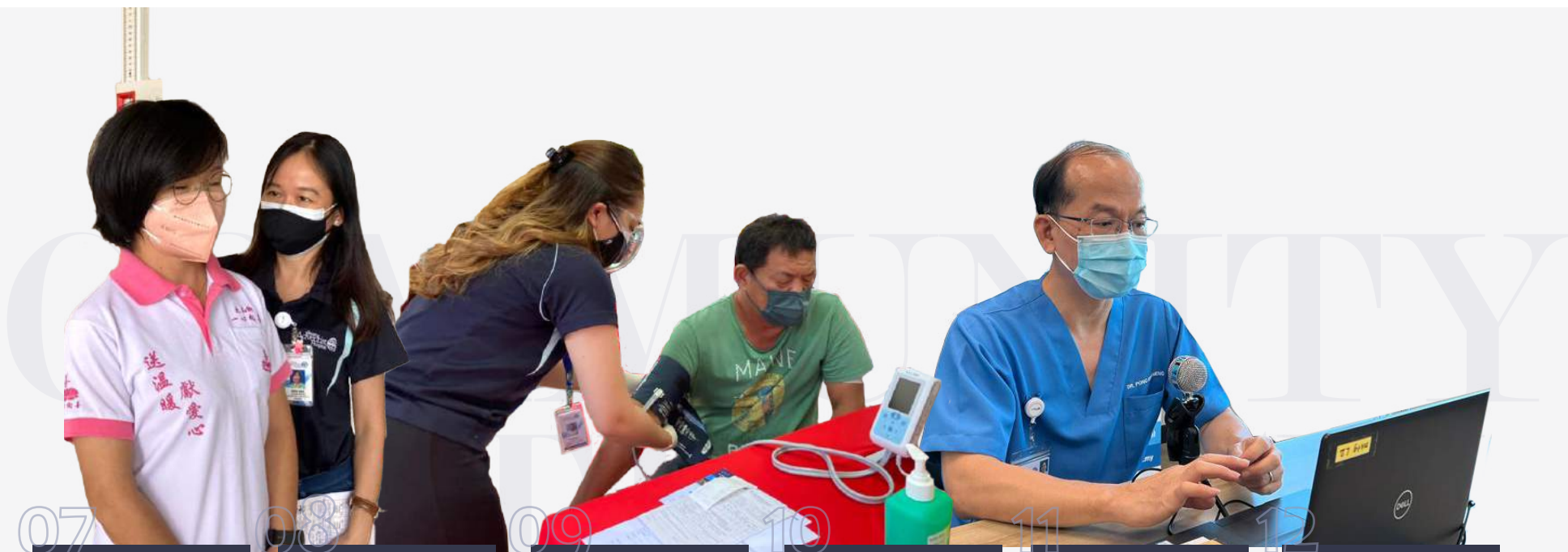
MAY

- Online Antenatal Class
- Staff Health Talk by Dr. Edward
- Healthy Cooking with Chef Eliza
- Public Health Talk by Dr. Edward

06

JUNE

- World No Tobacco Day Coloring Contest
- Health Talk
- Public Health Talk by Dr. Dicky Ng



07 JULY 08 AUGUST 09 SEPTEMBER 10 OCTOBER 11 NOVEMBER 12 DECEMBER

- SMK Bukit Gambier Health Talk
- Community Health Talk by Dr. Yeap Chee Keong
- Your Heart, Your Engine
- Health Talk at Silterra & Molex
- Public Health Talk by Dr. Lynne Yong and YB Chris Lee
- Community Health Talk by Dr. Evelyn Chan

- Health Talk for Zebra
- Health Talk for Inti College
- Online Antenatal Class
- Online Cooking Demo for Dell
- Community Health Talk by Dr. Pong Kwai Meng

- World Heart Day Workout
- Your Heart, Your Engine Sharing by Dr. Talal Reda Mahmoud
- Your Heart, Your Engine Sharing by Dr. Tuan Juin Haur
- Your Heart, Your Engine Sharing by Ms. Loretta Rays
- Your Heart, Your Engine Sharing by Dr. Mary Antony
- Mega Heart Virtual Tour

- Staff Health Talk by Dr. Loo Yoke Chon
- Pink October Community Health Talk by Dr. Kiley Loh
- Climb, Spot & Win

- Healthy Virtual Cooking for Dell (Malaysia) by Annie Yee
- Community Health Talk by Dr. Mueli
- Online Antenatal Class
- Health Talk by Dr. Dicky Ng
- Healthy Talk by Annie Yee
- Community Health Talk by Dr. Cheok Chee Yew
- Health Talk for MBPP by Ms Ooi Teng Hong
- Dance with Diabetics

- Community Health Talk by Dr. Diong Seng Kwok
- Beyond the Ordinary Diabetes Care Online Programme.
- Public Health Sharing
- Staff Health Talk by Dr. Loo Yock
- Public Health Sharing
- Corporate Heart Screening for Roberth Borch (M) Sdn Bhd
- Kangaroo Club Breastfeeding Support Group Gathering

CHAPLAINCY

Interview with Pastor Sunny Tan

Restoring hope through the healing ministry.

Chaplains offer critically needed spiritual and emotional support; ministering to patients, their families and medical staff with unconditional love, sacrifice, and service.

“ Q1: How important is the role of chaplain in a hospital?

Patients who are hospitalized especially those with severe or terminal illnesses may feel completely alone and isolated. If they are lucky, they have family members or loved ones who visit them from time to time to cheer them up. But many patients don't have anyone to lift their spirits. This is why our hospitals provide chaplaincy service to those who are in need.

“ Q2: What are the services offered by Chaplaincy Team?

- Provides pastoral care services to patients in various situations such as undergoing surgical procedures, facing end of life issues or involved in traumatic accidents.
- Provides comfort and support to patients' families and friends.
- Provides calming support to angry/distraught family members and friends.
- Responds to urgent situations, including, but not limited to, medical emergencies (Code Blue) or deaths at the request of administrative coordinators, nurses, family etc.
- 24/7 Bereavement Care – Arranging undertaker and helping those who grieve.
- Works with individuals from diverse cultural, racial and religious backgrounds.
- Works with hospital staff to enhance their sensitivity to the spiritual concerns of patients/families experiencing terminal illness and loss.
- Conducts religious services in the hospital chapel.
- Providing pastoral care & counseling to staffs as well as physicians.



“ Q3: Who and when can one request for a Chaplain service?

The hospital chaplain offers emotional and spiritual support to staff patients and their families. Our service is from 8am-5pm. However, an on-call chaplain is available for urgent matters when our office is closed.

“ Q4: Share with us a / some heart-warming moment (s).

The most rewarding thing about being a chaplain is reaching patients and their families on a level that brings them closer to each other. In some instances, we help patients reconnect with estranged family members as they approach the end of their lives, allowing for healing and reconciliation. Chaplains are often thanked by patients who are grateful to have a listening ear, but the spiritual encounters we have with patients on a regular basis has a huge impact on us as well.

“ Q5: What are some challenges faced by Chaplain team?

We understand that many new patients may not be aware chaplain visit is an additional service which is available to them during their stay in hospital. As part of our rounds, we make every effort to visit each patient in the hospital. We'll also pay special visits to patients if a nurse or family member suggests that the patient could use our services.

WAYS TO MAKE A DIFFERENCE



Refer A Patient


If you know of any patient with a life-threatening medical condition who needs financial assistance, have the patient or guardian contact the Medical Welfare Services at (+604) 222 7604 / 7605


Contribution

The simplest method of providing support for the Penang Adventist Hospital Charity Fund is through gift contribution – whether cash, personal cheque, credit card authorisation, money order, bank draft or electronic fund transfer. You may use the Donation Reply Slip inserted in this annual report to make a contribution.

Cheques can be sent to Penang Adventist Hospital, Charity Department and made payable to: **Penang Adventist Hospital Charity Fund**

Kindly indicate your choice of fund behind the cheque.

 **CIMB A/C No : 8605007005**

 Kindly specify your choice of in the e-mail or Donation Reply Slip.

Become a Corporate Sponsor

A sponsorship or partnership in our fundraising events add value to your company's Corporate Social Responsibility efforts. A tax-deductible receipt will be issued for every donation.

Volunteer your time and talent

The hospital needs part-time volunteers for the short and long term to help its full-time employees in making a difference to the community. Internships from colleges and universities are also welcomed.



ONE-CLICK AWAY TO MAKE A DIFFERENCE!
DONATE TO HELP NEEDY PATIENTS

01 Download **“Penang Adventist Hospital” Mobile App** on Google Play Store or Apple App Store

02 Select **“Donation”**

ACCREDITATION/ HOSPITAL ACHIEVEMENTS



(5TH CYCLE, 2019-2022)

In 2007, Penang Adventist Hospital received the Joint Commission International (JCI) accreditation. JCI is the leader in accreditation, with more than 10 years experience across the full spectrum of healthcare organisations. JCI accreditation represents the “Gold Seal of Approval” in healthcare and provides the most comprehensive evaluation process.



MSQH
(6TH CYCLE,
2019 – 2023)

The Malaysian Society for Quality in Health (MSQH) is an independent, not-for-profit organisation working actively in participation with healthcare professionals to ensure safety and continuous quality improvement in providing healthcare facilities and services in the country.



(5TH CYCLE, 2017-2022)

The Baby-Friendly Hospital Initiative (BFHI) was launched by the World Health Organisation (WHO) and United Nations Children’s Fund (UNICEF) in 1991, following the Innocenti Declaration of 1990. The initiative is a global effort implementing practices that protect, promote and support breastfeeding.



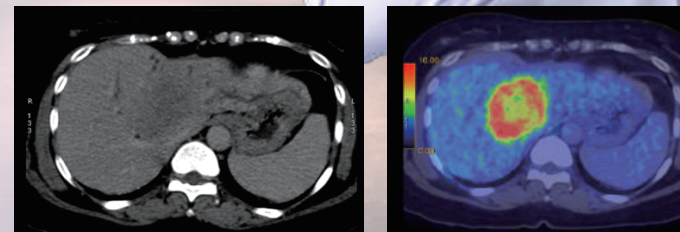
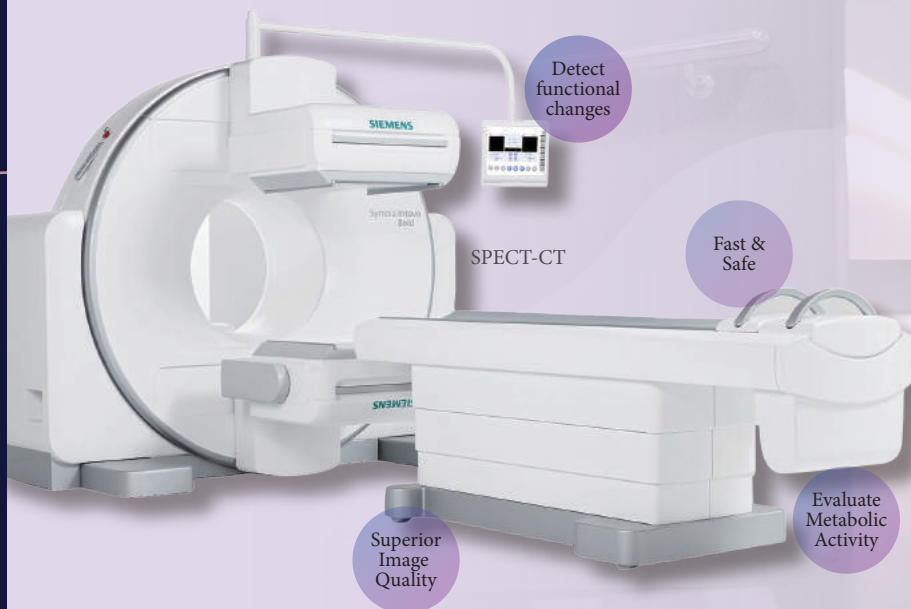
(3RD CYCLE,
2021 – 2024)

Penang Adventist Hospital has just become a member of the Health Promoting Hospital Network (HPH) – the very first hospital in Malaysia, as of January 2013. Initiated by World Health Organization, the mission of HPH network is to improve the quality of health care of both hospital patients and staff through evidence-based health promotion services. As an accredited HPH hospital, PAH strives to achieve better health gain for our patients and staff with an integrated and comprehensive health promotion services.

1st Private Comprehensive
Nuclear Medicine Centre
in Northern Malaysia



Functional & Precise Nuclear Medicine Imaging for ALL



PENANG ADVENTIST HOSPITAL 檳安醫院

Operated by Adventist Hospital & Clinic Services (M) (255697-M)

465, Jalan Burma, 10350 Penang, Malaysia

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E-mail: enquiry@pah.com.my

Website: www.pah.com.my

Facebook: [fb.com/pahpg](https://www.facebook.com/pahpg)





全谷胚芽面包

SPROUTED GRAINS BREAD

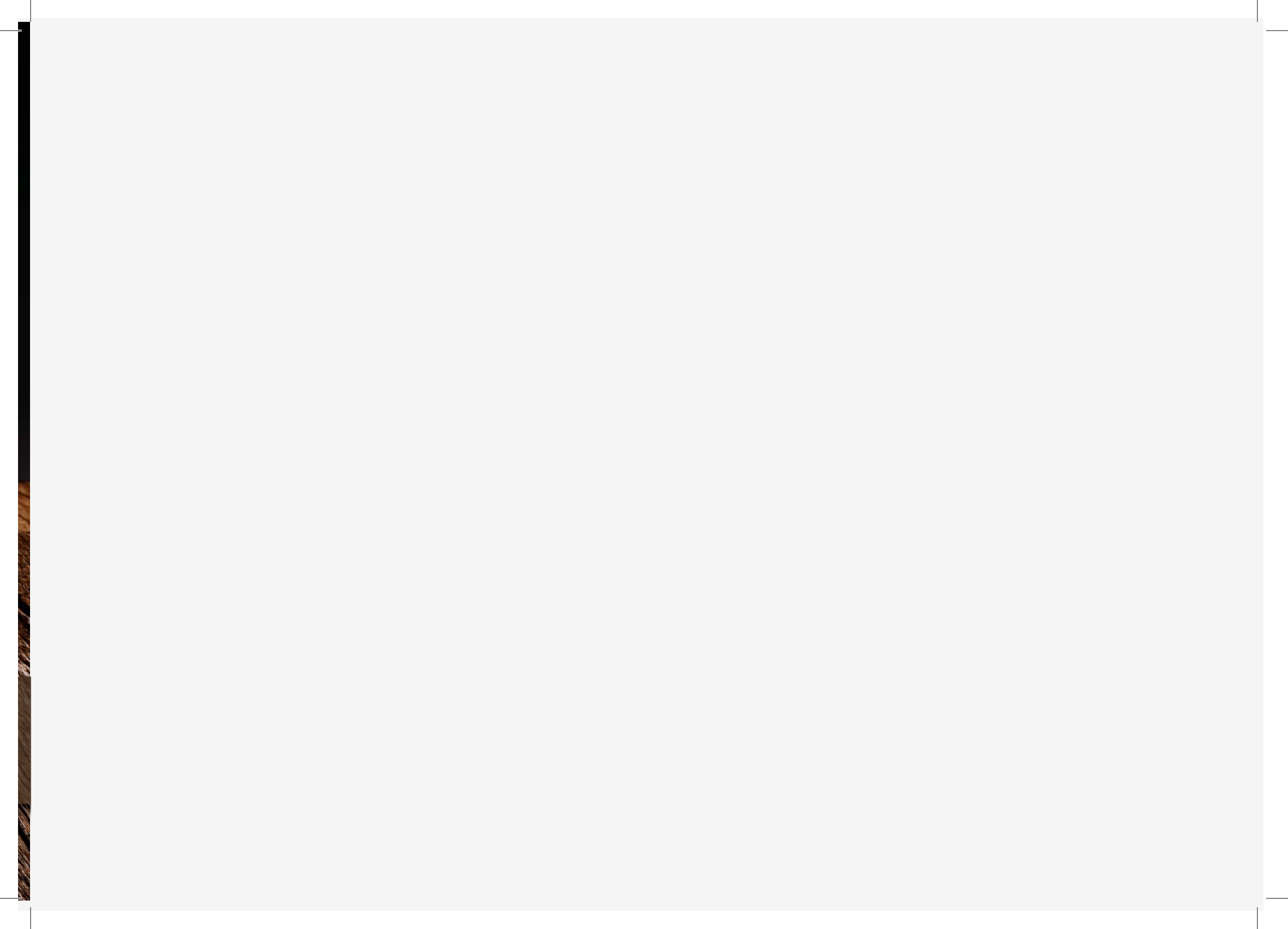
THE 1ST & ONLY SPROUTED BREAD IN TOWN

城里第一和唯一的全谷胚芽面包



- ✓ Trans Fat Free 无反式脂肪
- ✓ Cholesterol Free 无胆固醇
- ✓ High Protein 高蛋白
- ✓ High Antioxidants 高抗氧化剂
- ✓ High Fiber 高纤维
- ✓ Low Glycemic Index (GI) 低糖指数
- ✓ Low Fat 低脂







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